



17th Annual Virtual Cancer Conference
Sharing Knowledge & Inspiring Hope
 Friday, November 6, 2020

MORNING SESSIONS

Time	Session	Speaker
9:30–9:40 a.m.	Welcome and Opening Remarks	Rina Bello
9:40–10:30 a.m.	The Power of Self-Compassion in Difficult Times	Kristin Neff, Ph.D.
10:35-10:50 a.m.	Client Story	Helen Shaughnessy
10:50-11:40 a.m.	Navigating the Landscape of Cancer Survivorship and Health Disparities in the Age of COVID-19	Kim Rhoads, M.D., M.S., M.P.H
12:00- 1:20p.m.	Cooking for Your Microbiome During and After Cancer (follow along cooking demo)	Natalie Ledesma, M.S., RDN, CSO, CLT

BREAKOUT SESSIONS

Session 1 – 1:30 – 2:20 p.m.

Time	Session	Speaker
1:30-2:20 p.m.	Understanding Cannabis During Treatment and Beyond	Sherry Yafai, M.D.
1:30-2:20 p.m.	The Emotional Impact of a Cancer Diagnosis: Finding the Path Forward Today	Julie Larson, LCSW
1:30-2:20 p.m.	Self-Care for Well-Being	Abigail Rooney

Session 2 – 2:30 - 3:20 p.m.

Time	Session	Speaker
2:30- 3:20p.m.	Updates in the Treatment of Metastatic Breast Cancer	To be announced
2:30- 3:20p.m.	Updates in the Treatment of Ovarian Cancer	Amer Karam, M.D.
2:30- 3:20p.m.	Updates in the Treatment of Early Stage Breast Cancer	To be announced

AFTERNOON SESSION

3:30 - 4:20 p.m.	Finding Meaning Amidst Free Fall	BJ Miller, M.D.
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CLOSING

4:20 - 4:30 p.m.	Closing	Rina Bello
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