

# Advocacy

National Coalition for Cancer Survivorship: <u>www.canceradvocacy.org</u> Research Advocacy Network: <u>http://researchadvocacy.org</u> Survivors Teaching Students: <u>https://ocrfa.org</u>

# Cancer Risk

American Institute for Cancer Research: <u>www.aicr.org</u> Campaign for Safe Cosmetics: <u>www.safecosmetics.org</u> Causes, Risk Factors & Prevention (American Cancer Society): <u>www.cancer.org</u> Environmental Working Group: <u>www.ewg.org</u> Familial Ovarian Cancer Registry: <u>www.ovariancancer.com</u> Ovarian Cancer Risk Factors and Prevention: <u>www.cancer.net</u> The Cancer Project: <u>www.cancerproject.org</u>

#### Chemotherapy

Chemocare: www.chemocare.com Chemotherapy (American Cancer Society): www.cancer.org/Treatment Chemotherapy (Cancer.net): www.cancer.net/navigating-cancer-care Chemotherapy (Macmillan Cancer Support): https://www.macmillan.org.uk/cancerinformation Chemotherapy-A BAYS Primer (BAYS): www.baysnet.org/PDF FDA Drug Database: www.accessdata.fda.gov MedlinePlus Drugs, Herbs, Supplements: www.nlm.nih.gov/medlineplus Taxol and Carboplatin Chemotherapy: https://www.macmillan.org.uk/cancerinformation/

# Choosing Your Medical Team

American College of Surgeons Find A Surgeon Tool: <u>www.facs.org/search/find-a-</u> <u>surgeon</u>

American Board of Medical Specialties Certification Matters: www.certificationmatters.org

American Medical Association: <u>https://apps.ama-assn.org/doctorfinder/home.jsp</u> CalhospitalComapre.org: <u>www.calhospitalcompare.org</u>

Cancer Treatment Facilities by State (Patient Resource): <u>www.patientresource.com</u> Find a Cancer Doctor (Cancer.net): <u>www.cancer.net/find-cancer-doctor</u>

Find a Gynecologic Oncologist: <u>www.foundationforwomenscancer.org/find-a-gynecologic-oncologist/</u>

Medical Board of California: <u>www.mbc.ca.gov</u>

Society of Gynecologic Oncology Seek a Specialist: <u>www.sgo.org/seek-a-specialist</u> The Second Opinion: <u>www.thesecondopinion.org</u>

U.S. News and World Report Hospital Rankings: <u>http://health.usnews.com/best-hospitals</u>

# **Clinical Trials**

American Cancer Society Clinical Trials Matching Service: www.cancer.org Center Watch: www.centerwatch.com Clinical Trials Information for Patients and Caregivers (National Cancer Institute): www.cancer.gov Clinicaltrials.gov: www.clinicaltrials.gov Emerging Med: https://app.emergingmed.com/emed/home Lazerex Cancer Foundation: https://www.lazarex.org Ovarian Cancer Research Fund Alliance Clinical Trials Finder: https://app.emergingmed.com Stanford Clinical Trials Directory: https://med.stanford.edu/clinicaltrials The Clearity Foundation: www.clearityfoundation.org Trialjectory: www.trialjectory.com UCSF Cancer Center Clinical Trials: http://cancer.ucsf.edu/clinical-trials

#### **Community Support**

Caring Bridge: <u>www.caringbridge.org</u> Jasper: <u>www.hellojasper.com</u> Lotsa Helping Hands: <u>www.lotsahelpinghands.com</u> Meal Train: <u>www.mealtrain.com</u> My Cancer Circle: <u>https://mycancercircle.lotsahelpinghands.com</u> MyLifeLine.org: <u>www.MyLifeLine.org</u>

# Complementary and Integrative Medicine

About Herbs, Botanicals, and Other Products by Memorial Sloan Kettering Cancer Center: <u>www.mskcc.org</u>

CAM-Cancer: http://cam-cancer.org

Charlotte Maxwell Complementary Clinic: <u>www.charlottemaxwell.org</u> Commonweal: <u>www.commonweal.org</u>

Complementary and Alternative Medicine (American Cancer Society):

www.cancer.org/Treatment

Guided Imagery Podcasts (Kaiser Permanente): <u>https://thrive.kaiserpermanente.org</u> Free Guided Meditations (UCLA Health): <u>http://marc.ucla.edu/mindful-meditations</u> Harmony Hill Retreat Center: <u>www.harmonyhill.org/cancer</u>

MedlinePlus Drugs, Herbs, Supplements: <u>www.nlm.nih.gov/medlineplus</u>

National Center for Complementary and Integrative Health: <u>https://nccih.nih.gov</u> Natural Medicines: <u>https://naturalmedicines.therapeuticresearch.com</u>

Office of Dietary Supplements (National Institute of Health): <u>http://ods.od.nih.gov</u>

Oncology Association of Naturopathic Physicians: <u>https://oncanp.org</u> Society for Integrative Oncology: <u>https://integrativeonc.org</u> Society for Oncology Massage: <u>www.s4om.org</u> Stanford Health Library; Health Journeys: <u>https://www.healthjourneys.com/partneraccess/</u> Thinking About Complementary and Alternative Medicine (National Cancer Institute): <u>www.cancer.gov</u>

# **Detection & Diagnosis**

Diagnosis (Cancer.net): <u>www.cancer.net/cancer-types/ovarian</u> Early Detection, Diagnosis & Staging (American Cancer Society): <u>www.cancer.org/cancer/ovarian</u> Symptoms and Detection (Ovarian Cancer Research Fund Alliance): <u>https://ocrfa.org</u> Understanding CA125 (Foundation for Women's Cancer): <u>www.foundationforwomenscancer.org</u>

# **Emotional Support**

Asian American Cancer Support Network: <u>http://aacsn.org</u> Cancercare Ovarian Cancer Online Support Group: www.cancercare.org Cancer CAREPoint: www.cancercarepoint.org Cancer Support Community: www.cancersupportcommunity.org Friend For Life: www.friend4life.org Imerman Angels: www.imermanangels.org Lacuna Loft: https://lacunaloft.org Livestrong Cancer Navigation: www.livestrong.org National LGBT Cancer Network: http://cancer-network.org National Ovarian Cancer Coalition CancerConnect: http://nocccommunity.ovarian.org New Hope Chinese Cancer Care Foundation: www.newhopecancer.org Reach to Recovery (American Cancer Society): www.cancer.org Shanti's Margot Murphy Women's Cancer Program: www.shanti.org SHARE: www.sharecancersupport.org Sharsheret: http://sharsheret.org Stanford Supportive Care Program: https://stanfordhealthcare.org Stupid Cancer: www.stupidcancer.org Support Connection: <u>http://supportconnection.org</u> The Ida and Joseph Friend Cancer Resource Center: http://cancer.ucsf.edu With a Little Help From Her Friends (Sandy Rollman Ovarian Cancer Foundation): www.sandyovarian.org Women's Cancer Resource Center: www.wcrc.org

Women Care: http://fsa-cc.org/womencare

# End of Life

Advanced Cancer (Cancer.net): <u>www.cancer.net</u>

Bill Wilson Center for Living with Dying: www.billwilsoncenter.org Caring Info: www.caringinfo.org Coda Alliance: http://codaalliance.org/ Death with Dignity: www.deathwithdignity.org End of Life Care: Questions and Answers (National Cancer Institute): www.cancer.gov Five Wishes: www.agingwithdignity.org Grief, Bereavement, and Coping with Loss PDQ (National Cancer Institute): www.cancer.gov Hospice Foundation of America: www.hospicefoundation.org Hospice By the Bay: www.hospicebythebay.org Hospice of the Valley: www.hospicevalley.org Kara Grief Support: <u>www.kara-grief.org</u> Mission Hospice & Home Care: www.missionhospice.org National Association for Homecare and Hospice: www.nahc.org National Hospice and Palliative Care Organization: www.nhpco.org Pathways: www.pathwayshealth.org The Conversation Project: http://theconversationproject.org The Legacy Project: www.ucsflegacyproject.com

#### Family, Friends & Caregivers

Breathing Spaces: https://www.breathingspacesfc.com/programs Camp Kesem: www.campkesem.org Camp Erin: www.moyerfoundation.org/camps-programs Cancer Really Sucks: www.cancerreallysucks.org Caregiver Action Network: http://caregiveraction.org Caregiver Support Services from Cancer*care*: www.cancercare.org CLIMB: www.childrenstreehousefdn.org Coping as a Caregiver (American Cancer Society): www.cancer.org Coping with Cancer: For Caregivers, Family and Friends (National Cancer Institute): www.cancer.gov/cancertopics Helping Children When a Family member Has Cancer: Dealing With Diagnosis (American Cancer Society): www.cancer.org Kara Grief Support: https://kara-grief.org Telling Kids About Cancer: http://tellingkidsaboutcancer.com

# Fertility and Pregnancy

Circle Surrogacy: <u>https://circlesurrogacy.com/parents/cancer-survivor-parenting</u> Hope For Two: <u>www.hopefortwo.org</u> Livestrong Fertility: <u>www.livestrong.org</u> Verna's Purse: <u>www.reprotech.com</u> RESOLVE: The National Infertility Association: <u>www.resolve.org</u>

# **Financial Resources**

American Life Fund: https://www.americanlifefund.com/cancer-grant/ Benefits Check Up (National Council on Aging): www.benefitscheckup.org Best Face Forward (Sharsheret): <u>http:sharsheret.org/resource/best-face-forward-2-0/</u> Breast and Ovarian Cancer Emergency Fund: https://www.bayareacancer.org/financial-assistance/ Cancercare Financial Assistance Program: <u>www.cancercare.org</u> Cancercare Financial Assistance Database: <u>www.cancercare.org/helpinghand</u> Cancer Financial Assistance Coalition: www.cancerfac.org Cancer For College: www.cancerforcollege.org Cancer in the Family Relief Fund: www.cancerfamilyrelieffund.org Disability Benefits Help: www.disability-benefits-help.org Dream Foundation: www.dreamfoundation.org FamiliesCAN: http://familiescan.org Financial Considerations (American Society of Clinical Oncology): www.cancer.net/allabout-cancer Good Days Patient Assistance: <u>www.mygooddays.org</u> Hair To Stay: www.hairtostay.org/apply-for-a-subsidy/ Healthwell Foundation: www.healthwellfoundation.org Hill Burton Free and Reduced Cost Health Care: www.hrsa.gov/gethealthcare Nancy's List: <u>https://nancyslist.org/financial-assis</u>tance/ National Financial Resources Directory (Patient Advocate Foundation): www.patientadvocate.org Needy Meds: www.needymeds.org/ OvarCare: www.ovarcome.org Partnership for Prescription Assistance: www.pparx.org Patient Advocate Foundation Co-Pay Relief: www.copays.org Patient Services Inc: www.patientservicesinc.org Rx Assist: www.rxassist.org Sense of Security: www.senseofsecurityus.org Social Security Disability Resource Center: <u>www.ssd</u>rc.com The Sam Fund: www.thesamfund.org

#### Genetics

ASK2ME: <u>https://ask2me.org/</u>

Bright Pink: www.brightpink.org

BRCA1 and BRCA2: Cancer Risk and Genetic Testing (National Cancer Institute): <u>www.cancer.gov</u>

Decision Tool for Women with BRCA Mutations (Stanford): <u>www.brcatool.stanford.edu/</u> FORCE: Facing Hereditary Cancer Empowered: <u>www.facingourrisk.org</u> Genetics Home Reference: <u>www.ghr.nlm.nih.gov</u>

Genetics of Breast and Ovarian Cancer PDQ (National Cancer Institute): www.cancer.gov

Genetic Testing for Breast and Ovarian Cancer (UpToDate): <u>www.uptodate.com</u>

National Society of Genetic Counselors: <u>www.aboutgeneticcounselors.com</u> BRCA/Genetics Sharsheret: <u>www.sharsheret.org</u>

# Home Care, Transportation and Practical Assistance

Air Charity Network: http://aircharitynetwork.org Angel Airlines for Cancer Patients: www.angelairlinesforcancerpatients.org Care Indeed: <u>www.careindeed.com</u> Cleaning for a Reason: www.cleaningforareason.org Corporate Angel Network: www.corpangelnetwork.org Golden Age Bay Area: goldenageba.com Home Care Assistance: www.homecareassistance.com Honor: <u>www.joinhonor.com</u> Lifeline Pilots: www.lifelinepilots.org Matched Caregivers: www.matchedcaregivers.com National Association of Hospital Hospitality Houses: www.hhnetwork.org Nurse Registry: nurseregistry.com Open Homes (AirBnB): <u>www.curetoday.com/articles/</u> Road to Recovery: <u>www.cancer.org</u> Roadrunners Transportation: www.elcaminohospital.org/services/roadrunnerstransportation Seniors At Home: www.seniorsathome.org The Shanti Project: www.shanti.org Visiting Angels: www.angelshomecare.com

#### Legal Resources

Bay Area Legal Aid: <u>https://baylegal.org</u> Cancer and Careers: <u>www.cancerandcareers.org</u> Cancer Legal Resource Center: <u>http://cancerlegalresources.org</u> LawHelpCA: <u>http://lawhelpca.org</u> Patient Advocate Foundation: <u>www.patientadvocate.org</u>

# LGBTQIA Resources

GLMA, Health Professionals Advancing LBGT Equality: <u>www.glma.org</u> Ovarian and Endometrial Cancer Considerations in Transgender Men: <u>http://transhealth.ucsf.edu/trans</u> Support Groups for Survivors-National LGBT Cancer Network: <u>https://cancer-network.org/programs/support-groups-for-survivors/</u> The LGBT Cancer Project: <u>https://lgbtcancer.org</u>

#### Nutrition and Exercise

American Institute for Cancer Research): <u>www.aicr.org</u> Cook for Your Life, Recipes: <u>www.cookforyourlife.org</u> Eating Hints Before, During and After Cancer Treatment: <u>www.cancer.gov</u> Eating Well During and After Your Cancer Treatment (Memorial Sloan Kettering): <u>www.mskcc.org/cancer-care/patient-education/eating-well-during-and-after-your-</u> <u>treatment</u>

Nutrition and Physical Activity During and After Cancer Treatment: Answers to Common Questions: <u>www.cancer.org</u>

Nutrition and Physical Activity Guidelines for Cancer Survivors: <u>www.cancer.org</u> Nutrition for the Person with Cancer During Treatment: <u>www.cancer.org</u>

Physicians Committee for Responsible Medicine: www.pcrm.org

Survivor's Table: <u>www.survivorstable.com</u>

The Cancer Fighting Kitchen, Recipe-Box: <u>www.rebeccakatz.com</u>

# Overview/Current Research Information

American Cancer Society: www.cancer.org/cancer/ovarian-cancer Cancer*Care*: www.cancercare.org Cancer.net: www.cancer.net/cancer-types/ovarian-fallopian-tube-and-peritonealcancer/introduction CancerToday: <u>www.cancertodaymag.org</u> Cure Magazine: <u>www.curetoday.com</u> Disease InfoSearch: https://www.diseaseinfosearch.org/ Foundation for Women's Cancer: www.foundationforwomenscancer.org MedlinePlus: www.nlm.nih.gov/medlineplus Medscape Oncology Ovarian Cancer News: www.medscape.com/resource/ovariancancer National Cancer Institute: <u>www.cancer.gov/types/ovarian</u> National Comprehensive Cancer Network Guidelines for Patients: www.nccn.org National Ovarian Cancer Coalition: www.ovarian.org OncoLink: www.oncolink.org Ovarian Cancer Research Fund Alliance: www.ocrfa.org Ovarian Cancer Research News: https://www.zotero.org/groups/1292431/bay\_area\_cancer\_connections\_ovarian\_researc h\_news/library Ovarian Cancer Resource Guide for Newly Diagnosed Women (National Ovarian Cancer Coalition): www.ovarian.org Ovarian Cancer, Your Guide (Foundation for Women's Cancer): https://www.foundationforwomenscancer.org/gynecologic-cancers/cancertypes/ovarian/ PubMed: <u>www.ncbi.nlm.nih.gov/pubmed</u> Society of Gynecologic Oncology: <u>www.sqo.org/ovarian-cancer</u> SurvivorNet: www.survivornet.com UpToDate: <u>www.uptodate.com</u>

# **Recurrent Ovarian Cancer**

Ovarian Cancer Resource Guide for Women with Recurrent Disease (National Ovarian Cancer Coalition): <u>www.ovarian.org</u>

Recurrent or Progressive Disease (Clearity Foundation): <a href="http://www.clearityfoundation.org/recurrent-or-refractory-cancer/">http://www.clearityfoundation.org/recurrent-or-refractory-cancer/</a>

# Side Effects

Chill, Cancer related hair loss: www.scalpcooling.org Chemo Diva: https://chemodiva.com First Aid for People with Cancer: https://pacificmedicalacls.com/first-aid-for-peoplewith-cancer.html Friend to Friend Specialty Shop: www.friend2friend.org Good Wishes: www.goodwishesscarves.org Hair To Stay: www.hairtostay.org Just in Time Soft Hats: www.softhats.com Lipstick Angels: www.lipstickangels.org Look Good, Feel Better: http://lookgoodfeelbetter.org Managing Cancer-related Side Effects: www.cancer.org National Lymphedema Network: www.lymphnet.org Pain Management (American Society of Anesthesiologists): www.asahq.or/whensecondscount/pain-management Quality of Life Issues (National Ovarian Cancer Coalition): https://ovarian.org/wpcontent/uploads/2021/05/QOL-051421.pdf Taxol and Carboplatin Chemotherapy: https://www.macmillan.org.uk/cancerinformation/ The Rapunzel Project: www.rapunzelproject.org "TLC" Tender Loving Care (American Cancer Society): www.tlcdirect.org The Next Step: www.nextstepboutique.com Understanding the Side Effects of Cancer Treatment (Patient Resource): www.patientresource.com Verma Foundation: https://vermafoundation.org

# Survivorship

After Treatment Ends: Tools for the Adult Cancer Survivor (Cancercare): www.cancercare.org Cancer Survivorship (American Society of Clinical Oncology): www.cancer.net Journey Forward: http://journeyforward.org OncoLink Survivorship Care Plan: www.oncolink.org Ovarian Cancer Consortium for Long-Term Survival: https://www.massgeneral.org/cancer/research/ovariansurvivorshipstudy.aspx Ovarian Cancer Survivorship (Cancer.net): www.cancer.net Ovarian Cancer Treatment Summary and Survivorship Care Plan (Society of Gynecologic Oncology): www.sgo.org

# **Targeted Therapies**

Immunotherapy (Cancer Research Institute): <a href="http://www.cancerresearch.org/immunotherapy/what-is-immunotherapy">www.cancerresearch.org/immunotherapy/what-is-immunotherapy</a> Overview of Targeted Therapies for Cancer: <u>https://www.mycancergenome.org/</u> Personalized Cancer Therapy: <u>https://pct.mdanderson.org/</u> Targeted Cancer Therapies (National Cancer Institute): <u>https://www.cancer.gov/about-cancer/treatment/types/targeted-therapies/</u>

#### Treatment Summaries

NCCN Patients Guidelines: <u>https://www.nccn.org</u> Treating Ovarian Cancer (American Cancer Society): <u>www.cancer.org</u> Treatment Options (Cancer.net): <u>www.cancer.net</u>