



Advocacy

Breast Cancer Action: bcaction.org
California Breast Cancer Research Program: cbrp.org
Metastatic Breast Cancer Network: www.mbcn.org
National Breast Cancer Coalition: stopbreastcancer.org
National Coalition for Cancer Survivorship: www.canceradvocacy.org
Research Advocacy Network: <http://researchadvocacy.org>
Sisters Network Inc: www.sistersnetworkinc.org
Susan G. Komen Advocate in Science: www.komen.org/how-to-help/
Young Survival Coalition: www.youngsurvival.org/be-an-advocate

Breast Reconstruction

American Society of Plastic Surgeons: www.plasticsurgery.org
Breast Free – The Alternative to Reconstruction: <http://breastfree.org>
Breast Implants (FDA): www.fda.gov/MedicalDevices
Breast Reconstruction (Breastcancer.org):
www.breastcancer.org/treatment/surgery/reconstruction
Breast Reconstruction.org: www.breastreconstruction.org
Breast Reconstruction After Mastectomy (American Cancer Society): www.cancer.org
Breast Reconstruction Awareness Campaign: www.breastreconusa.org
Flat & Fabulous: www.flatandfabulous.org
My Hope Chest-Funding Reconstruction for Breast Cancer Survivors:
www.myhopechest.org - SITE DOWN
Reshaping You: Breast Reconstruction for Breast Cancer Patients (MD Anderson):
www.mdanderson.org
Women's Health and Cancer Rights Act: www.cancer.org

Cancer Risk

American Institute for Cancer Research: www.aicr.org
Breast Cancer Risk Assessment Tool (National Cancer Institute):
www.cancer.gov/bcrisktool
Breast Cancer Prevention Partners: www.bcphp.org
Bright Pink: www.brightpink.org
Campaign for Safe Cosmetics: www.safecosmetics.org
Environmental Working Group: www.ewg.org
Silent Spring Institute: <https://silentspring.org>
The Cancer Project: www.cancerproject.org
The Women's Health Initiative: www.whi.org
Think Pink, Live Green (Breastcancer.org): breastcancer.org
Zero Breast Cancer: www.zerobreastcancer.org

Chemotherapy

Chemocare: www.chemocare.com

Chemotherapy (American Cancer Society): www.cancer.org/Treatment

Chemotherapy (Cancer.net): www.cancer.net/navigating-cancer-care

Chemotherapy (Macmillan Cancer Support):

<https://www.macmillan.org.uk/cancerinformation>

FDA Drug Database: www.accessdata.fda.gov

MedlinePlus Drugs, Herbs, Supplements: www.nlm.nih.gov/medlineplus

Choosing Your Medical Team

American College of Surgeons Find A Surgeon Tool:

www.facs.org/search/find-a-surgeon

American Medical Association: <https://apps.ama-assn.org/doctorfinder/home.jsp>

Cancer Treatment Facilities by State (Patient Resource): www.patientresource.com

Find a Cancer Doctor (Cancer.net): www.cancer.net/find-cancer-doctor

U.S. News and World Report Hospital Rankings:

<http://health.usnews.com/best-hospitals>

Stanford Second Opinion Program: stanfordhealthcare.org/second-opinion

MD Anderson Pathology Second Opinion: mdanderson.org

Medical Board of California: www.mbc.ca.gov - California-specific resource

The Second Opinion: www.thesecondopinion.org - California-specific resource

CalhospitalCompare.org: www.calhospitalcompare.org - California-specific resource

Clinical Trials

American Cancer Society Clinical Trials Matching Service: www.cancer.org

Army of Women: www.armyofwomen.org

BreastCancerTrials.org: www.breastcancertrials.org

Center Watch: www.centerwatch.com

Clinical Trials Information for Patients and Caregivers (National Cancer Institute):

www.cancer.gov

Clinicaltrials.gov: www.clinicaltrials.gov

Emerging Med: <https://app.emergingmed.com/emed/home>

Lazarex Cancer Foundation: <https://www.lazarex.org>

Metastatic Trial Talk: <https://metastatictrialtalk.org/>

Stanford Clinical Trials Directory: <https://med.stanford.edu/clinicaltrials>

TrialJectory: www.trialjectory.com

UCSF Cancer Center Clinical Trials: <http://cancer.ucsf.edu/clinical-trials>

Community Support

Caring Bridge: www.caringbridge.org

Jasper: www.hellojasper.com

Lotsa Helping Hands: www.lotsahelpinghands.com

Meal Train: www.mealtrain.com

My Cancer Circle: <https://mycancercircle.lotsahelpinghands.com>

MyLifeLine.org: www.MyLifeLine.org

Complementary and Integrative Medicine

About Herbs, Botanicals, and Other Products by Memorial Sloan Kettering Cancer Center: www.mskcc.org

CAM-Cancer: <http://cam-cancer.org>

Charlotte Maxwell Complementary Clinic: www.charlottemaxwell.org

Commonweal Cancer Help Program (in Bolinas): www.commonweal.org

Complementary and Alternative Medicine (American Cancer Society): www.cancer.org/Treatment

Guide to Understanding Complementary Therapies (Living Beyond Breast Cancer): www.lbbc.org

Guided Imagery Podcasts (Kaiser Permanente): <https://thrive.kaiserpermanente.org>

Free Guided Meditations (UCLA Health): <http://marc.ucla.edu/mindful-meditations>

Harmony Hill Retreat Center: www.harmonyhill.org/cancer

Headspace (Guided meditation app): <https://www.headspace.com/>

MedlinePlus Drugs, Herbs, Supplements: www.nlm.nih.gov/medlineplus

National Center for Complementary and Integrative Health: <https://nccih.nih.gov>

Natural Medicines: <https://naturalmedicines.therapeuticresearch.com>

Office of Dietary Supplements (NIH): <http://ods.od.nih.gov>

Oncology Association of Naturopathic Physicians: <https://oncanp.org>

Society for Integrative Oncology: <https://integrativeonc.org>

Society for Oncology Massage: www.s4om.org

Stanford Health Library; Health Journeys:

<https://www.healthjourneys.com/partneraccess/>

The Foundation for Living Beauty: <https://www.livingbeauty.org/>

Thinking About Complementary and Alternative Medicine (National Cancer Institute): www.cancer.gov

Detection & Diagnosis

Are You Dense? www.areyoudense.org

Breast Cancer Screening (National Cancer Institute): www.cancer.gov/cancertopics

Breast Cancer Tests: Screening, Diagnosis and Monitoring (Breastcancer.org): www.breastcancer.org/symptoms

Breast and Cervical Cancer Treatment Program: www.dhcs.ca.gov - California-specific resource

Every Woman Counts Cancer Screening and Diagnostic Service: www.dhcs.ca.gov - California-specific resource

How Is Breast Cancer Diagnosed? (American Cancer Society): www.cancer.org

Mammograms and Other Breast Imaging Procedures (American Cancer Society): www.cancer.org

Mammography Facility Database (FDA): www.accessdata.fda.gov

Mammogram Fact Sheet (National Cancer Institute):

www.cancer.gov/cancertopics/factsheet

Understanding Breast Changes (National Cancer Institute): www.cancer.gov

When To Screen For Breast Cancer (Susan G. Komen):
www5.komen.org/AboutBreastCancer/ScreeningandEarlyDetection

Emotional Support

After Breast Cancer Diagnosis: www.abcdbreastcancersupport.org
Asian American Cancer Support Network: <http://aacsn.org>
Bay Area Young Survivors: www.baysnet.org - Bay Area-specific resource
Cancercare: www.cancercare.org
Cancer CAREPoint: www.cancercarepoint.org
Cancer Support Community: www.cancersupportcommunity.org
Friend For Life: www.friend4life.org
HER2 Support.org: <http://her2support.org/>
Imerman Angels: www.imermanangels.org
Lacuna Loft: <https://lacunaloft.org>
Livestrong Cancer Navigation: www.livestrong.org
Living Beyond Breast Cancer: www.lbbc.org
MyBCTeam: www.mybcteam.com
National LGBT Cancer Network: <http://cancer-network.org>
New Hope Chinese Cancer Care Foundation: www.newhopecancer.org
Reach to Recovery (American Cancer Society): www.cancer.org
Shanti's Margot Murphy Women's Cancer Program: www.shanti.org - SF-specific resource
SHARE: www.sharecancersupport.org
Sharsheret: <http://sharsheret.org>
Stanford Supportive Care Program: <https://stanfordhealthcare.org>
Stupid Cancer: www.stupidcancer.org
Support Connection: <http://supportconnection.org>
The Ida and Joseph Friend Cancer Resource Center: <http://cancer.ucsf.edu>
Wildfire Magazine: <http://wildfirecommunity.org>
Women's Cancer Resource Center: www.wcrc.org
Women Care: <http://fsa-cc.org/womencare> - California-specific resource
Young Survival Coalition: www.youngsurvival.org

End of Life

Advanced Cancer (Cancer.net): www.cancer.net
Bill Wilson Center for Living with Dying: www.billwilsoncenter.org
Caring Info: www.caringinfo.org
Coda Alliance: <http://codaalliance.org/>
Death with Dignity: www.deathwithdignity.org
End of Life Care: Questions and Answers (National Cancer Institute): www.cancer.gov
Five Wishes: www.agingwithdignity.org
Grief, Bereavement, and Coping with Loss PDQ (National Cancer Institute):
www.cancer.gov
Hospice Foundation of America: www.hospicefoundation.org
Hospice By the Bay: www.hospicebythebay.org - Bay Area-specific resource
Kara Grief Support: www.kara-grief.org

Mission Hospice & Home Care: www.missionhospice.org - Bay Area-specific resource
National Association for Homecare and Hospice: www.nahc.org
National Hospice and Palliative Care Organization: www.nhpco.org
Pathways: www.pathwayshealth.org
The Conversation Project: <http://theconversationproject.org>
The Legacy Project: www.ucsflegacyproject.com

Family, Friends & Caregivers

Camp Kesem: www.campkesem.org
Camp Erin: www.moyerfoundation.org/camps-programs
Cancer Really Sucks: www.cancerreallysucks.org
Caregiver Action Network: <http://caregiveraction.org>
Caregiver Support Services (CancerCare): www.cancer.org
Children's Treehouse Foundation CLIMB: www.childrenstreehousefdn.org
Coping as a Caregiver (American Cancer Society): www.cancer.org
Coping with Cancer: For Caregivers, Family and Friends (National Cancer Institute):
www.cancer.gov/cancertopics
Helping Children When a Family member Has Cancer: Dealing With Diagnosis
(American Cancer Society): www.cancer.org
Inheritance of Hope: <https://inheritanceofhope.org/>
Telling Kids About Cancer: <http://tellingkidsaboutcancer.com>

Fertility and Pregnancy

Breast Cancer During Pregnancy (Living Beyond Breast Cancer):
www.lbbc.org/get-support
Circle Surrogacy: <https://circlesurrogacy.com/parents/cancer-survivor-parenting>
Hope For Two: www.hopefortwo.org
Financial Assistance for Fertility Preservation: www.reprotech.com
RESOLVE: The National Infertility Association: www.resolve.org

Financial Resources

American Life Fund: <https://www.americanlifefund.com/cancer-grant/>
Benefits Check Up (National Council on Aging): www.benefitscheckup.org
Best Face Forward (Sharsheret): <http://sharsheret.org/resource/best-face-forward-2-0/>
Breast and Ovarian Cancer Emergency Fund:
<https://www.bayareacancer.org/financial-assistance/>
Breast and Cervical Cancer Treatment Program: www.dhcs.ca.gov - California-specific resource
CancerCare Financial Assistance Program: www.cancer.org
CancerCare Financial Assistance Database: www.cancer.org/helpinghand
Cancer Financial Assistance Coalition: www.cancerfac.org
Cancer For College: www.cancerforcollege.org
Cancer in the Family Relief Fund: www.cancerfamilyrelieffund.org
Disability Benefits Help: www.disability-benefits-help.org
Dream Foundation: www.dreamfoundation.org
Every Woman Counts: www.dhcs.ca.gov - California-specific resource

Genevieve's Helping Hands: www.genshelpinghands.org
FamiliesCAN: <http://familiescan.org>
Financial Considerations (American Society of Clinical Oncology):
www.cancer.net/all-about-cancer
Good Days Patient Assistance: www.mygooddays.org
Hair To Stay: www.hairtostay.org/apply-for-a-subsidy/
Healthwell Foundation: www.healthwellfoundation.org
Hill Burton Free and Reduced Cost Health Care: www.hrsa.gov/gethealthcare
Jill's Wish: www.jillswish.org
Nancy's List: <https://nancyslist.org/financial-assistance/>
National Financial Resources Directory (Patient Advocate Foundation):
www.patientadvocate.org
Needy Meds: www.needymeds.org/
Patient Advocate Foundation Co-Pay Relief: www.copays.org
Patient Services Inc: www.patientservicesinc.org
Remember Betty: <http://rememberbetty.com>
Rx Assist: www.rxassist.org
Sense of Security: www.senseofsecurityus.org
Sisters Network Breast Cancer Assistance Program:
<http://www.sistersnetworkinc.org/programs.html>
Social Security Disability Resource Center: www.ssdrc.com
Susan G. Komen Treatment Assistance Program:
<https://www5.komen.org/uploadedFiles/>
The Pink Fund: www.pinkfund.org
The Provision Project: <http://provisionproject.org>
The Sam Fund: www.thesamfund.org
GoodRx: goodrx.com

Genetics and Hereditary Cancer

ASK2ME: <https://ask2me.org/>
Bright Pink: www.brightpink.org
BRCA1 and BRCA2: Cancer Risk and Genetic Testing (National Cancer Institute):
www.cancer.gov
Decision Tool for Women with BRCA Mutations (Stanford):
www.brcatool.stanford.edu/
FORCE: Facing Hereditary Cancer Empowered: www.facingourrisk.org
Genetics Home Reference: www.ghr.nlm.nih.gov
Genetics of Breast and Ovarian Cancer PDQ (National Cancer Institute):
www.cancer.gov
Genetic Testing for Breast and Ovarian Cancer (UpToDate): www.uptodate.com
National Society of Genetic Counselors: www.aboutgeneticcounselors.com
BRCA/Genetics Sharsheret: www.sharsheret.org

Home Care, Transportation, and Practical Assistance

Air Charity Network: <http://aircharitynetwork.org>
Angel Airlines for Cancer Patients: www.angelairlinesforcancerpatients.org

Care Indeed: www.careindeed.com
Cleaning for a Reason: www.cleaningforareason.org
Corporate Angel Network: www.corpangelnetwork.org
Golden Age Bay Area: goldenageba.com - Bay Area-specific resource
Home Care Assistance: www.homecareassistance.com
Honor: www.joinhonor.com
Lifeline Pilots: www.lifelinepilots.org
Matched Caregivers: www.matchedcaregivers.com
National Association of Hospital Hospitality Houses: www.hhnetwork.org
Nurse Registry: nurseregistry.com
Open Homes (AirBnB): www.curetoday.com/articles/
Pink Ribbon Girls: <https://www.pinkribbongirls.org/>
Road to Recovery: www.cancer.org
Roadrunners Transportation:
www.elcaminohospital.org/services/roadrunners-transportation - Bay Area-specific resource
Seniors At Home: www.seniorsathome.org
The Shanti Project: www.shanti.org
Visiting Angels: www.angelshomecare.com

Hormonal Therapy

Guide to Understanding Hormonal Therapy (Living Beyond Breast Cancer):
www.lbbc.org/hormonaltherapyguide
Hormonal Therapy (Breastcancer.org): www.breastcancer.org/treatment/hormonal
Hormone Therapy (Dr. Susan Love Research Foundation):
www.drsusanloveresearch.org/hormone-therapy

Inflammatory Breast Cancer

Inflammatory Breast Cancer (Dr. Susan Love Research Foundation):
www.drsusanloveresearch.org
Inflammatory Breast Cancer (National Cancer Institute):
www.cancer.gov/cancertopics
Inflammatory Breast Cancer Research Foundation: www.ibcresearch.org
The IBC Network Foundation: www.theibcnetwork.org

Legal Resources

Bay Area Legal Aid: <https://baylegal.org>
Cancer and Careers: www.cancerandcareers.org
Cancer Legal Resource Center: <http://cancerlegalresources.org>
LawHelpCA: <http://lawhelpca.org> - California-specific resource
Patient Advocate Foundation: www.patientadvocate.org

LGBTQIA Resources

GLMA, Health Professionals Advancing LBGT Equality: www.glma.org
Screening for Breast Cancer in Transgender Men (UCSF):
<http://transhealth.ucsf.edu/trans>

Screening for Breast Cancer in Transgender Women (UCSF):

<http://transhealth.ucsf.edu/>

Support Groups for Survivors-National LGBT Cancer Network:

<https://cancer-network.org/programs/support-groups-for-survivors/>

The LGBT Cancer Project: <https://lgbtcancer.org>

Lobular Breast Cancer

Lobular Breast Cancer Alliance: <https://lobularbreastcancer.org>

Male Breast Cancer

A Man Diagnosed with Breast Cancer (Living Beyond Breast Cancer):

www.lbbc.org/man-diagnosed-breast-cancer

Breast Cancer in Men (American Cancer Society):

www.cancer.org/cancer/breast-cancer-in-men

HIS Breast Cancer Awareness: <http://hisbreastcancer.org>

The Male Breast Cancer Coalition: <http://malebreastcancercoalition.org>

Metastatic Breast Cancer

Living with Metastatic Breast Cancer (Living Beyond Breast Cancer):

www.lbbc.org/mets

Living with Metastatic Breast Cancer (Young Survival Coalition):

www.youngsurvival.org

Metastatic Breast Cancer Alliance: www.mbcalliance.org

Metastatic Breast Cancer Network: www.mbcnetwork.org

Metastatic Breast Cancer Project: www.mbcproject.org

METAVIVOR: www.metavivor.org

Metastatic Trial Search: www.breastcancertrials.org

METUP: <http://metup.org>

Recurrent and Metastatic Breast Cancer (Breastcancer.org): www.breastcancer.org

Nutrition and Exercise

Cook for Your Life, Recipes: www.cookforyourlife.org

Eating Hints Before, During and After Cancer Treatment: www.cancer.gov

Eating Well During and After Your Cancer Treatment (Memorial Sloan Kettering):

www.mskcc.org/cancer-care/patient-education/eating-well-during-and-after-your-treatment

Nutrition and Breast Cancer (UCSF): <http://cancer.ucsf.edu>

Nutrition and Physical Activity During and After Cancer Treatment: Answers to Common Questions: www.cancer.org

Nutrition and Physical Activity Guidelines for Cancer Survivors: www.cancer.org

Nutrition for the Person with Cancer During Treatment: www.cancer.org

Physicians Committee for Responsible Medicine Plant-based Diet: www.pcrm.org

Pink Power (Peninsula Jewish Community Center): www.pjcc.org

Survivor's Table: www.survivorstable.com

The Cancer Fighting Kitchen, Recipe-Box: www.rebeccakatz.com

Overview/Current Research Information

American Cancer Society: www.cancer.org
American Society of Clinical Oncology: www.cancer.net
Breast360: www.breast360.org
Breastcancer.org: www.breastcancer.org
Breast Cancer Research News (BACC):
https://www.zotero.org/groups/960194/bay_area_cancer_connections_breast_cancer_research_news/library
Cancer.net: www.cancer.net/cancer-types/breast-cancer
CancerToday: www.cancertodaymag.org
Cure Magazine: www.curetoday.com
Disease InfoSearch: <https://www.diseaseinfosearch.org/>
Dr. Susan Love Research Foundation: www.dsrlf.org
Living Beyond Breast Cancer: www.lbbc.org
MedlinePlus: www.nlm.nih.gov/medlineplus
Medscape Breast Cancer Resource Center: www.medscape.com
National Cancer Institute: www.cancer.gov/types/breast
National Comprehensive Cancer Network Guidelines for Patients: www.nccn.org
National Cancer Institute: www.cancer.gov
OncoLink Breast Cancer News: www.oncolink.org/types
PubMed: www.ncbi.nlm.nih.gov/pubmed
SurvivorNet: www.survivornet.com
Susan G. Komen Foundation: www.komen.org
UpToDate: www.uptodate.com

Pathology

Breast Cancer Testing (Lab Tests Online): <https://labtestsonline.org>
Tumor Characteristics (Susan G. Komen):
<http://www5.komen.org/BreastCancer/TumorCharacteristics.html>
Understanding Your Pathology Report (National Cancer Institute): www.cancer.gov
Your Guide to the Breast Cancer Pathology Report (Breastcancer.org):
www.breastcancer.org/Images

Radiation Therapy

Brachytherapy (American Brachytherapy Society):
www.americanbrachytherapy.org/resources/for-patients/
Breast Cancer Treatment:
www.radiologyinfo.org/en/info.cfm?pg=breast-cancer-therapy
Radiation Side Effects Chart PDF: www.rtanswers.org/uploadedFiles/
Radiation Therapy (Breastcancer.org): www.breastcancer.org/treatment/radiation
Radiation (Dr. Susan Love Research Foundation):
www.drSusanLoveResearch.org/radiation
Radiation Therapy (Susan G. Komen): www5.komen.org/BreastCancer/Radiation.html

Side Effects

Chill, Cancer Related Hair Loss: www.scalpcooling.org
Chemo Diva: <https://chemodiva.com>
First Aid for People with Cancer:
<https://pacificmedicalacls.com/first-aid-for-people-with-cancer.html>
Friend to Friend Specialty Shop: www.friend2friend.org - Bay Area-specific resource
Good Wishes: www.goodwishescarves.org
HERS Breast Cancer Foundation: <http://hersbreastcancerfoundation.org>
Knitted Knockers: www.knittedknockers.org
Lipstick Angels: www.lipstickangels.org
Look Good, Feel Better: <http://lookgoodfeelbetter.org>
Lymphedivas: www.lymphedivas.com
Managing Cancer-related Side Effects: www.cancer.org
National Breast Cancer Lymphedema Registry: <https://lernregistry.stanford.edu/>
National Lymphedema Network: www.lymphnet.org
Pain Management (American Society of Anesthesiologists):
www.asahq.org/whensecondscount/pain-management
Side Effects (Living Beyond Breast Cancer): www.lbbc.org
The Rapunzel Project: www.rapunzelproject.org
"TLC" Tender Loving Care (American Cancer Society): www.tlcdirect.org
The Next Step: www.nextstepboutique.com
Treatment Side Effects (Breastcancer.org): www.breastcancer.org
Understanding the Side Effects of Cancer Treatment (Patient Resource):
www.patientresource.com
Verma Foundation: <https://vermafoundation.org>

Surgery

Surgery (Breastcancer.org): www.breastcancer.org/treatment/surgery
Surgery (Dr. Susan Love Research Foundation):
www.drsusanloveresearch.org/surgery
Surgery Choices for Women with DCIS or Breast Cancer (NCI): cancer.gov
Surgery (Susan G. Komen): komen.org/breast-cancer/surgery
Surgery for Breast Cancer (American Cancer Society): www.cancer.org

Survivorship

After Treatment Ends: Tools for the Adult Cancer Survivor (CancerCare):
www.cancercares.org
American Institute for Cancer Research: www.aicr.org
Cancer Survivorship (American Society of Clinical Oncology): www.cancer.net
Follow up Care for Breast Cancer (American Society of Clinical Oncology):
www.cancer.net
Journey Forward: <http://journeyforward.org>
OncoLink Survivorship Care Plan: www.oncolink.org

Targeted and Immunotherapies

Immunotherapy (Cancer Research Institute):
www.cancerresearch.org/immunotherapy/what-is-immunotherapy

Overview of Targeted Therapies for Cancer: <https://www.mycancergenome.org/>
Personalized Cancer Therapy: <https://pct.mdanderson.org/>
Targeted Cancer Therapies (National Cancer Institute):
<https://www.cancer.gov/about-cancer/treatment/types/targeted-therapies/>

Treatment Summaries

ASCO Guidelines for Breast Cancer: www.asco.org
Breast Cancer Treatment (American Cancer Society):
www.cancer.org/cancer/breast-cancer/treatment
Breast Cancer Treatment and Side Effects (Breastcancer.org):
www.breastcancer.org/treatment
Breast Cancer Treatment PDQ (National Cancer Institute):
www.cancer.gov/cancertopics
NCCN Guidelines for Patients: www.nccn.org/patients/guidelines

Triple-Negative Breast Cancer

Guide to Understanding Triple Negative Breast Cancer (Living Beyond Breast Cancer): www.lbbc.org/get-support
Triple Negative Breast Cancer Foundation: <https://tnbcfoundation.org>