

#### Advocacy

Breast Cancer Action: <u>bcaction.org</u> California Breast Cancer Research Program: <u>cbcrp.org</u> Metastatic Breast Cancer Network: <u>www.mbcn.org</u> National Breast Cancer Coalition: <u>stopbreastcancer.org</u> National Coalition for Cancer Survivorship: <u>www.canceradvocacy.org</u> Research Advocacy Network: <u>http://researchadvocacy.org</u> Sisters Network Inc: <u>www.sistersnetworkinc.org</u> Susan G. Komen Advocate in Science: <u>www.komen.org/how-to-help/</u> Young Survival Coalition: <u>www.youngsurvival.org/be-an-advocate</u>

#### **Breast Reconstruction**

American Society of Plastic Surgeons: <u>www.plasticsurgery.org</u> Breast Free – The Alternative to Reconstruction: https://www.cancer.org/cancer/types/breast-cancer/reconstruction-surgery/breast-rec onstruction-alternatives.html Breast Implants (FDA): <u>www.fda.gov/MedicalDevices</u> Breastoration Ink: https://www.breastorationink.org/ Breast Reconstruction.org: www.breastreconstruction.org Breast Reconstruction After Mastectomy (American Cancer Society): https://www.cancer.org/cancer/types/breast-cancer/reconstruction-surgery.html Breast Reconstruction Awareness Campaign: www.breastreconusa.org My Hope Chest-Funding Reconstruction for Breast Cancer Survivors: www.myhopechest.org Not Putting on a Shirt: www.notputtingonashirt.org Reshaping You: Breast Reconstruction for Breast Cancer Patients (MD Anderson): www.mdanderson.org Transformation Galleries (Center for Restorative Breast Surgery): https://www.breastcenter.com/result-photos/galleries/ Women's Health and Cancer Rights Act: www.cancer.org Cancer Risk American Institute for Cancer Research: www.aicr.org Breast Cancer Risk Assessment Tool (National Cancer Institute): www.cancer.gov/bcrisktool

Breast Cancer Prevention Partners: www.bcpp.org

Bright Pink: www.brightpink.org

Campaign for Safe Cosmetics: <u>www.safecosmetics.org</u>

Environmental Working Group: www.ewg.org

Physicians Committee for Responsible Medicine: <u>www.cancerproject.org</u>

Silent Spring Institute: <u>https://silentsprinhttp://ewg.org/g.org</u> The Women's Health Initiative: <u>www.whi.org</u> Think Pink, Live Green (Breastcancer.org): <u>breastcancer.org</u> Zero Breast Cancer: <u>www.zerobreastcancer.org</u>

### Chemotherapy

Chemocare: <u>www.chemocare.com</u> Chemotherapy (American Cancer Society): <u>https://www.cancer.org/cancer/managing-cancer/treatment-types/chemotherapy.ht</u> <u>ml</u> Chemotherapy (Macmillan Cancer Support): <u>https://www.macmillan.org.uk/cancerinformation</u> FDA Drug Database: <u>www.accessdata.fda.gov</u>

MedlinePlus Drugs, Herbs, Supplements: www.nlm.nih.gov/medlineplus

# Choosing Your Medical Team

American College of Surgeons Find A Surgeon Tool: <u>www.facs.org/search/find-a-surgeon</u> American Medical Association: <u>https://apps.ama-assn.org/doctorfinder/home.jsp</u> Cancer Treatment Facilities by State (Patient Resource): <u>www.patientresource.com</u> Find a Cancer Doctor (Cancer.net): <u>www.cancer.net/find-cancer-doctor</u> U.S. News and World Report Hospital Rankings: <u>http://health.usnews.com/best-hospitals</u> Stanford Second Opinion Program: stanfordhealthcare.org/second-opinion

MD Anderson Pathology Second Opinion: <u>mdanderson.org</u> Medical Board of California: <u>www.mbc.ca.gov</u> - California-specific resource The Second Opinion: <u>www.thesecondopinion.org</u>- California-specific resource CalhospitalComapre.org: <u>www.calhospitalcompare.org</u> - California-specific resource

# **Clinical Trials**

American Cancer Society Clinical Trials Matching Service: www.cancer.org BreastCancerTrials.org: www.breastcancertrials.org Center Watch: www.centerwatch.com Clinical Trials Information for Patients and Caregivers (National Cancer Institute): www.cancer.gov Clinicaltrials.gov: www.clinicaltrials.gov Emerging Med: https://app.emergingmed.com/emed/home Lazerex Cancer Foundation: https://www.lazarex.org Leal Health: leal.health Metastatic Trial Talk: https://metastatictrialtalk.org/ Stanford Clinical Trials Directory: https://med.stanford.edu/clinicaltrials Tower Cancer Research Collective: https://www.towercancer.org/tcrc-studies/ UCSF Cancer Center Clinical Trials: http://cancer.ucsf.edu/clinical-trials

# Community Support

Caring Bridge: <u>www.caringbridge.org</u>

Jasper: <u>www.hellojasper.com</u>

Lotsa Helping Hands: <u>www.lotsahelpinghands.com</u>

Meal Train: <u>www.mealtrain.com</u>

My Cancer Circle: <u>https://mycancercircle.lotsahelpinghands.com</u>

MyLifeLine.org: <u>www.MyLifeLine.org</u>

Wellnest: <u>www.inspirewellnest.com</u>

We're In This Together: <a href="https://wittforever.com/">https://wittforever.com/</a>

# Complementary and Integrative Medicine

About Herbs, Botanicals, and Other Products by Memorial Sloan Kettering Cancer Center: <u>www.mskcc.org</u>

CAM-Cancer: http://cam-cancer.org

Cancer Choices: <u>https://cancerchoices.org/</u>

Charlotte Maxwell Complementary Clinic: <u>www.charlottemaxwell.org</u>

Commonweal Cancer Help Program (in Bolinas): www.commonweal.org

Complementary and Alternative Medicine (American Cancer Society):

https://www.cancer.org/cancer/managing-cancer/treatment-types/complementary-and-integrative-medicine.html

Guide to Understanding Complementary Therapies (Living Beyond Breast Cancer): <u>www.lbbc.org</u>

Guided Imagery Podcasts (Kaiser Permanente): <u>https://thrive.kaiserpermanente.org</u> Free Guided Meditations (UCLA Health): <u>http://marc.ucla.edu/mindful-meditations</u> Harmony Hill Retreat Center: <u>www.harmonyhill.org/cancer</u>

Headspace (Guided meditation app):

https://www.headspace.com/meditation?origin=navigation

MedlinePlus Drugs, Herbs, Supplements: <u>www.nlm.nih.gov/medlineplus</u>

National Center for Complementary and Integrative Health: <u>https://nccih.nih.gov</u>

Natural Medicines: https://naturalmedicines.therapeuticresearch.com

Office of Dietary Supplements (NIH): http://ods.od.nih.gov

Oncology Association of Naturopathic Physicians: https://oncanp.org

Society for Integrative Oncology: <u>https://integrativeonc.org</u>

Society for Oncology Massage: <u>www.s4om.org</u>

Stanford Health Library; Health Journeys:

https://www.healthjourneys.com/partneraccess/

The Foundation for Living Beauty: <a href="https://www.livingbeauty.org/">https://www.livingbeauty.org/</a>

Thinking About Complementary and Alternative Medicine (National Cancer Institute):

https://www.cancer.gov/about-cancer/treatment/cam#:~:text=Cancer%20patients%20 who%20want%20to,what%20it%20claims%20to%20do.

Unite for HER: <u>uniteforher.org</u>

# **Detection & Diagnosis**

Are You Dense? <u>www.areyoudense.org</u>

Breast Cancer Screening (National Cancer Institute): <u>www.cancer.gov/cancertopics</u> Breast Cancer Tests: Screening, Diagnosis and Monitoring (Breastcancer.org): <u>www.breastcancer.org/symptoms</u>

Breast and Cervical Cancer Treatment Program: <u>www.dhcs.ca.gov</u> - California-specific resource

Every Woman Counts Cancer Screening and Diagnostic Service: <u>www.dhcs.ca.gov</u> - California-specific resource

How Is Breast Cancer Diagnosed? (American Cancer Society):

https://www.cancer.org/cancer/types/breast-cancer/screening-tests-and-early-detection.html#:~:text=A%20biopsy%20is%20done%20when,for%20sure%20if%20it's%20cancer.

Mammograms and Other Breast Imaging Procedures (American Cancer Society): <u>https://www.cancer.org/cancer/types/breast-cancer/screening-tests-and-early-detection/mammograms.html</u>

Mammography Facility Database (FDA): <u>www.accessdata.fda.gov</u> Mammogram Fact Sheet (National Cancer Institute):

www.cancer.gov/cancertopics/factsheet

Understanding Breast Changes (National Cancer Institute): <u>www.cancer.gov</u> When To Screen For Breast Cancer (Susan G. Komen): <u>ww5.komen.org/AboutBreastCancer/ScreeningandEarlyDetection</u>

## **Emotional Support**

4th Angel Mentoring Program: https://4thangel.ccf.org/ After Breast Cancer Diagnosis: <u>www.abcdbreastcancersupport.org</u> Asian American Cancer Support Network: http://aacsn.org Bay Area Young Survivors: www.baysnet.org - Bay Area-specific resource BeWellLine: bewellline.com Cactus Cancer Society: https://cactuscancer.org/ Cancercare: www.cancercare.org Cancer CAREPoint: www.cancercarepoint.org Cancer Support Community: www.cancersupportcommunity.org Circulo de Vida: https://circulodevida.org/ Firefly Sisterhood: https://www.fireflysisterhood.org/ Friend For Life: www.friend4life.org HER2 Support.org: http://her2support.org/ Imerman Angels: www.imermanangels.org Livestrong Cancer Navigation: https://www.livestrong.org/videos/livestrong-cancer-navigation-services Living Beyond Breast Cancer: www.lbbc.org MyBCTeam: www.mybcteam.com National LGBT Cancer Network: <u>http://cancer-network.org</u> New Hope Chinese Cancer Care Foundation: www.newhopecancer.org Pilipino Seniors: <u>https://www.pilipinoseniors.org/programs-1</u> Rafiki Coalition: https://rafikicoalition.org/ Shanti's Margot Murphy Women's Cancer Program: www.shanti.org - SF-specific resource SHARE: www.sharecancersupport.org

Sharsheret: http://sharsheret.org Stanford Supportive Care Program: https://stanfordhealthcare.org Stupid Cancer: www.stupidcancer.org Support Connection: http://supportconnection.org Survivingbreastcancer.org: survivingbreastcancer.org The Ida and Joseph Friend Cancer Resource Center: http://cancer.ucsf.edu Wildfire Magazine: http://wildfirecommunity.org Women's Cancer Resource Center: www.wcrc.org Women Care: http://fsa-cc.org/womencare - California-specific resource Young Survival Coalition: www.youngsurvival.org

# End of Life

Advanced Cancer (Cancer.net): www.cancer.net Bill Wilson Center for Living with Dying: www.billwilsoncenter.org Caring Info: www.caringinfo.org Coda Alliance: http://codaalliance.org/ Death with Dignity: www.deathwithdignity.org End of Life Care: Questions and Answers (National Cancer Institute): www.cancer.gov Five Wishes: www.agingwithdignity.org Grief, Bereavement, and Coping with Loss PDQ (National Cancer Institute): www.cancer.gov Hospice Foundation of America: www.hospicefoundation.org Hospice By the Bay: www.hospicebythebay.org - Bay Area-specific resource Kara Grief Support: www.kara-grief.org Mission Hospice & Home Care: www.missionhospice.org - Bay Area-specific resource National Association for Homecare and Hospice: www.nahc.org National Hospice and Palliative Care Organization: www.nhpco.org Pathways: www.pathwayshealth.org The Conversation Project: http://theconversationproject.org

# Family, Friends & Caregivers

Bright Spot Network: https://www.brightspotnetwork.org/ Breathing Spaces: https://breathingspacesfc.com/ Camp Kesem: www.campkesem.org Camp Erin: www.moverfoundation.org/camps-programs Camp Weiser: https://me-onefoundation.org/camp-wieser/ Cancer Really Sucks: https://www.aacr.org/patients-caregivers/patient-advocacy/resource/cancer-really-suc ks/ Caregiver Action Network: <u>http://caregiveraction.org</u> Caregiver Support Services (Cancercare): www.cancercare.org Caregivers (Cancer Support Community): https://www.cancersupportcommunity.org/caregivers Caregivers and Family (American Cancer Society): https://www.cancer.org/treatment/caregivers.html Children's Treehouse Foundation CLIMB: www.childrenstreehousefdn.org Coping with Cancer: For Caregivers, Family and Friends (National Cancer Institute):

www.cancer.gov/cancertopics

EmpowerHER: https://www.empoweringher.org/

Helping Children When a Family member Has Cancer: Dealing With Diagnosis (American Cancer Society):

https://www.cancer.org/cancer/caregivers/helping-children-when-a-family-memberhas-cancer.html

Inheritance of Hope: <u>https://inheritanceofhope.org/</u>

Kara Grief Support: <u>https://kara-grief.org</u>

Publications About Caregiving (Cancercare):

https://www.cancercare.org/publications/tagged/caregiving

Telling Kids About Cancer: <u>http://tellingkidsaboutcancer.com</u>

### Fertility and Pregnancy

Breast Cancer During Pregnancy (Living Beyond Breast Cancer): www.lbbc.org/get-support Circle Surrogacy: https://circlesurrogacy.com/parents/cancer-survivor-parenting Hope For Two: www.hopefortwo.org Fertility and Pregnancy After Breast Cancer(breastcancer.org): https://www.breastcancer.org/managing-life/fertility-pregnancy-issues Financial Assistance for Fertility Preservation: <u>www.reprotech.com</u> Oncolactation Resource Guide (American Society of Breast Surgeons): https://www.breastsurgeons.org/docs/statements/asbrs-rg-oncolactation.pdf Pregnancy After Breast Cancer (Memorial Sloan Kettering): https://www.mskcc.org/cancer-care/patient-education/pregnancy-after-treatment-ea rlv-stage-breast RESOLVE: The National Infertility Association: www.resolve.org Treating Breast Cancer During Pregnancy (American Cancer Society): https://www.cancer.org/cancer/types/breast-cancer/treatment/treating-breast-cancer -during-pregnancy.html

#### **Financial Resources**

American Life Fund: https://www.americanlifefund.com/cancer-grant/ Benefits Check Up (National Council on Aging): www.benefitscheckup.org Best Face Forward (Sharsheret): <u>http:sharsheret.org/resource/best-face-forward-2-0/</u> Breast and Ovarian Cancer Emergency Fund: https://www.bayareacancer.org/financial-assistance/ Breast and Cervical Cancer Treatment Program: www.dhcs.ca.gov - California-specific resource Cancercare Financial Assistance Program: www.cancercare.org Cancercare Financial Assistance Database: www.cancercare.org/helpinghand Cancer Financial Assistance Coalition: www.cancerfac.org Cancer For College: www.cancerforcollege.org Cancer in the Family Relief Fund: www.cancerfamilyrelieffund.org Disability Benefits Help: www.disability-benefits-help.org Dream Foundation: www.dreamfoundation.org Every Woman Counts: www.dhcs.ca.gov - California-specific resource Genevieve's Helping Hands: www.genshelpinghands.org

Financial Considerations (American Society of Clinical Oncology): www.cancer.net/all-about-cancer Good Days Patient Assistance: www.mygooddays.org Hair To Stay: www.hairtostay.org/apply-for-a-subsidy/ Healthwell Foundation: www.healthwellfoundation.org Jill's Wish: www.jillswish.org Nancy's List: https://nancyslist.org/financial-assistance/ National Financial Resources Directory (Patient Advocate Foundation): www.patientadvocate.org Needy Meds: <u>www.needymeds.org/</u> Patient Advocate Foundation Co-Pay Relief: www.copays.org Patient Services Inc: www.patientservicesinc.org Remember Betty: http://rememberbetty.com Rx Assist: www.rxassist.org San Francisco Women's Cancer Network: https://sfwcn.org/ Sense of Security: https://www.senseofsecurity.org/ Sisters Network Breast Cancer Assistance Program: http://www.sistersnetworkinc.org/programs.html Social Security Disability Resource Center: www.ssdrc.com Susan G. Komen Treatment Assistance Program: https://ww5.komen.org/uploadedFiles/ The Pink Fund: www.pinkfund.org The Provision Project: http://provisionproject.org The Sam Fund: www.thesamfund.org Tim and Jeannie Hamann Foundation: https://www.hamannfoundation.org/ GoodRx: goodrx.com

# Genetics and Hereditary Cancer

ASK2ME: https://ask2me.org/ Bright Pink: www.brightpink.org BRCAI and BRCA2: Cancer Risk and Genetic Testing (National Cancer Institute): www.cancer.gov Decision Tool for Women with BRCA Mutations (Stanford): www.brcatool.stanford.edu/ FORCE: Facing Hereditary Cancer Empowered: www.facingourrisk.org Genetics Home Reference: www.ghr.nlm.nih.gov Genetics of Breast and Ovarian Cancer PDQ (National Cancer Institute): https://www.cancer.gov/types/breast/hp/breast-ovarian-genetics-pdq Genetic Testing for Breast and Ovarian Cancer (UpToDate): www.uptodate.com National Society of Genetic Counselors: www.aboutgeneticcounselors.com BRCA/Genetics Sharsheret: www.sharsheret.org

### Home Care, Transportation, and Practical Assistance

Air Charity Network: <u>http://aircharitynetwork.org</u> Care Indeed: <u>www.careindeed.com</u> Cleaning for a Reason: <u>www.cleaningforareason.org</u> Corporate Angel Network: www.corpangelnetwork.org Ecumenical Hunger: https://www.ehpcares.org/ Findhelp.org: https://www.findhelp.org/ Golden Age Bay Area: https://www.care.com/b/l/golden-age-bay-area/castro-valley-ca-20212-redwood-road-103a1 Home Care Assistance: www.homecareassistance.com Honor: www.joinhonor.com Lifeline Pilots: www.lifelinepilots.org Marin CIL: https://www.marincil.org/services/#meaningful-access-to-care National Association of Hospital Hospitality Houses: www.hhnetwork.org Nurse Registry: nurseregistry.com Open Homes (AirBnB): <u>www.curetoday.com/articles/</u> Pink Ribbon Good: https://www.pinkribbongood.org/ Road to Recovery: www.cancer.org Roadrunners Transportation: www.elcaminohospital.org/services/roadrunners-transportation - Bay Area-specific resource Seniors At Home: www.seniorsathome.org The Shanti Project: www.shanti.org Visiting Angels: www.angelshomecare.com

#### Hormonal Therapy

Guide to Understanding Hormonal Therapy (Living Beyond Breast Cancer): www.lbbc.org/hormonaltherapyguide

Hormonal Therapy (Breastcancer.org): <u>www.breastcancer.org/treatment/hormonal</u> Hormone Therapy (Dr. Susan Love Research Foundation): <u>www.drsusanloveresearch.org/hormone-therapy</u>

#### Inflammatory Breast Cancer

Inflammatory Breast Cancer (Dr. Susan Love Research Foundation): <u>www.drsusanloveresearch.org</u> Inflammatory Breast Cancer (National Cancer Institute): <u>www.cancer.gov/cancertopics</u> Inflammatory Breast Cancer Research Foundation: <u>www.ibcresearch.org</u> The IBC Network Foundation: <u>www.theibcnetwork.org</u>

### Legal Resources

Bay Area Legal Aid: <u>https://baylegal.org</u> Cancer and Careers: <u>www.cancerandcareers.org</u> Cancer Legal Resource Center: <u>http://cancerlegalresources.org</u> LawHelpCA: <u>http://lawhelpca.org</u> - California-specific resource Patient Advocate Foundation: <u>www.patientadvocate.org</u>

#### LGBTQIA Resources

GLMA, Health Professionals Advancing LBGT Equality: www.glma.org

Screening for Breast Cancer in Transgender Men (UCSF): <u>http://transhealth.ucsf.edu/trans</u> Screening for Breast Cancer in Transgender Women (UCSF): <u>http://transhealth.ucsf.edu/</u> Support Groups for Survivors-National LGBT Cancer Network: <u>https://cancer-network.org/programs/support-groups-for-survivors/</u> The LGBT Cancer Project: <u>https://lgbtcancer.org</u>

### Lobular Breast Cancer

Lobular Breast Cancer Alliance: <u>https://lobularbreastcancer.org</u>

### Male Breast Cancer

A Man Diagnosed with Breast Cancer (Living Beyond Breast Cancer): <u>www.lbbc.org/man-diagnosed-breast-cancer</u> Breast Cancer in Men (American Cancer Society): <u>www.cancer.org/cancer/breast-cancer-in-men</u> HIS Breast Cancer Awareness: <u>http://hisbreastcancer.org</u>

### Metastatic Breast Cancer

Living with Metastatic Breast Cancer (Living Beyond Breast Cancer): www.lbbc.org/mets Living with Metastatic Breast Cancer (Young Survival Coalition): www.youngsurvival.org MBCBrainMets: https://mbcbrainmets.org/ Metastatic Breast Cancer Alliance: www.mbcalliance.org Metastatic Breast Cancer Network: https://jinccn360.org/breast/for-your-patients/metastatic-breast-cancer-network/ Metastatic Breast Cancer Project: www.mbcproject.org METAVIVOR: www.metavivor.org Metastatic Trial Search: www.breastcancertrials.org METUP: http://metup.org Our MBC Life (SHARE): https://www.sharecancersupport.org/our-mbc-life/ Recurrent and Metastatic Breast Cancer (Breastcancer.org): www.breastcancer.org

### Nutrition and Exercise

American Institute for Cancer Research: <u>www.aicr.org</u> Cook for Your Life, Recipes: <u>www.cookforyourlife.org</u> Culinary Angels: <u>www.culinaryangels.org</u>

Eating Hints Before, During and After Cancer Treatment: <u>www.cancer.gov</u> Eating Well During and After Your Cancer Treatment (Memorial Sloan Kettering): <u>www.mskcc.org/cancer-care/patient-education/eating-well-during-and-after-your-tre</u> <u>atment</u>

LiveStrong at the YMCA: <u>ymcasv.org/livestrong</u>

Nutrition and Breast Cancer (UCSF): <u>http://cancer.ucsf.edu</u>

Nutrition and Physical Activity During and After Cancer Treatment: Answers to Common Questions:

https://www.cancer.org/cancer/survivorship/be-healthy-after-treatment/nutrition-and -physical-activity-during-and-after-cancer-treatment.html

Nutrition and Physical Activity Guidelines for Cancer Survivors: <u>www.cancer.org</u> Nutrition for the Person with Cancer During Treatment: <u>www.cancer.org</u>

Physicians Committee for Responsible Medicine Plant- based Diet: <u>www.pcrm.org</u> Pink Power (Peninsula Jewish Community Center):

https://pjcc.org/programs/pink-ribbon/

Survivor's Table: www.survivorstable.com

Stanford Health Care Cancer Wellness Classes:

https://stanfordhealthcare.org/for-patients-visitors/cancer-supportive-care-program.html

The Cancer Fighting Kitchen, Recipe-Box: <u>www.rebeccakatz.com</u>

# Overview/Current Research Information

American Cancer Society: www.cancer.org American Society of Clinical Oncology: www.cancer.net Breast360: www.breast360.org Breastcancer.org: www.breastcancer.org Breast Cancer Research News (BACC): https://www.zotero.org/groups/960194/bay\_area\_cancer\_connections\_breast\_cancer\_ research news/library Cancer.net: <u>www.cancer.net/cancer-types/breast-cancer</u> CancerToday: <u>www.cancertodaymag.org</u> Cure Magazine: www.curetoday.com Disease InfoSearch: https://www.diseaseinfosearch.org/ Dr. Susan Love Research Foundation: https://drsusanloveresearch.org/ Living Beyond Breast Cancer: www.lbbc.org MedlinePlus: www.nlm.nih.gov/medlineplus Medscape Breast Cancer Resource Center: www.medscape.com National Cancer Institute: www.cancer.gov/types/breast National Comprehensive Cancer Network Guidelines for Patients: www.nccn.org National Cancer Institute: www.cancer.gov OncoLink Breast Cancer News: <u>https://www.oncolink.org/cancers/breast</u> PubMed: www.ncbi.nlm.nih.gov/pubmed SurvivorNet: www.survivornet.com Susan G. Komen Foundation: www.komen.org UpToDate: www.uptodate.com

#### Pathology

Breast Cancer Testing (Lab Tests Online): <u>https://labtestsonline.org</u> Tumor Characteristics (Susan G. Komen): <u>http://ww5.komen.org/BreastCancer/TumorCharacteristics.html</u> Understanding a Breast Pathology Report (UCSF): https://www.youtube.com/@understandingabreastpathol764

Understanding Your Pathology Report (National Cancer Institute): <u>www.cancer.gov</u> Your Guide to the Breast Cancer Pathology Report (Breastcancer.org): <u>https://sharedhealthmb.ca/files/breast-cancer-path-report-guide.pdf</u>

#### **Radiation Therapy**

Brachytherapy (American Brachytherapy Society): <u>www.americanbrachytherapy.org/resources/for-patients/</u> Breast Cancer Treatment: <u>www.radiologyinfo.org/en/info.cfm?pg=breast-cancer-therapy</u> Radiation Side Effects Chart PDF: <u>www.rtanswers.org/uploadedFiles/</u> Radiation Therapy (Breastcancer.org): <u>www.breastcancer.org/treatment/radiation</u> Radiation (Dr. Susan Love Research Foundation): <u>www.drsusanloveresearch.org/radiation</u> Radiation Therapy (Susan G. Komen): <u>ww5.komen.org/BreastCancer/Radiation.html</u>

#### Side Effects

Chill. Cancer Related Hair Loss: www.scalpcooling.org Chemo Diva: https://chemodiva.com Ever You (American Cancer Society): https://everyou.com/ First Aid for People with Cancer: https://pacificmedicalacls.com/first-aid-for-people-with-cancer.html Friend to Friend Specialty Shop: www.friend2friend.org- Bay Area-specific resource Good Wishes: www.goodwishesscarves.org HERS Breast Cancer Foundation: http://hersbreastcancerfoundation.org Knitted Knockers: www.knittedknockers.org Late Bloomers: <u>https://late-bloomers.org/</u>- Bay Area-specific resource Lipstick Angels: www.lipstickangels.org Look Good, Feel Better: http://lookgoodfeelbetter.org Lymphedivas: www.lymphedivas.com Managing Cancer-related Side Effects: www.cancer.org Mastectomy Bras and Prostheses Resources: link National Breast Cancer Lymphedema Registry: https://lernregistry.stanford.edu/ National Lymphedema Network: www.lymphnet.org Pain Management (American Society of Anesthesiologists): www.asahg.or/whensecondscount/pain-management Side Effects (Living Beyond Breast Cancer): www.lbbc.org The Rapunzel Project: www.rapunzelproject.org The Next Step: www.nextstepboutique.com Treatment Side Effects (Breastcancer.org): www.breastcancer.org Understanding the Side Effects of Cancer Treatment (Patient Resource): www.patientresource.com Verma Foundation: https://vermafoundation.org Wigs and Wishes: https://www.wigsandwishes.org/request-a-wig.php Wig Resources: link

#### Surgery

Surgery (Breastcancer.org): <u>www.breastcancer.org/treatment/surgery</u> Surgery (Dr. Susan Love Research Foundation): <u>www.drsusanloveresearch.org/surgery</u>

Surgery Choices for Women with DCIS or Breast Cancer (NCI): <u>cancer.gov</u>

Surgery (Susan G. Komen): <u>komen.org/breast-cancer/surgery</u>

Surgery for Breast Cancer (American Cancer Society):

https://www.cancer.org/cancer/types/breast-cancer/treatment/surgery-for-breast-cancer.html

#### Survivorship

After Treatment Ends: Tools for the Adult Cancer Survivor (Cancercare): <u>www.cancercare.org</u> American Institute for Cancer Research: <u>www.aicr.org</u> Cancer Survivorship (American Society of Clinical Oncology): <u>www.cancer.net</u> Follow up Care for Breast Cancer (American Society of Clinical Oncology): <u>www.cancer.net</u> Journey Forward: <u>http://journeyforward.org</u> OncoLink Survivorship Care Plan: <u>www.oncolink.org</u>

#### Targeted and Immunotherapies

Immunotherapy (Cancer Research Institute): <u>www.cancerresearch.org/immunotherapy/what-is-immunotherapy</u> Overview of Targeted Therapies for Cancer: <u>https://www.mycancergenome.org/</u> Personalized Cancer Therapy: <u>https://pct.mdanderson.org/</u> Targeted Cancer Therapies (National Cancer Institute): <u>https://www.cancer.gov/about-cancer/treatment/types/targeted-therapies/</u>

#### Treatment Summaries

ASCO Guidelines for Breast Cancer: https://old-prod.asco.org/practice-patients/guidelines/breast-cancer Breast Cancer Treatment (American Cancer Society): www.cancer.org/cancer/breast-cancer/treatment Breast Cancer Treatment and Side Effects (Breastcancer.org): www.breastcancer.org/treatment Breast Cancer Treatment PDQ (National Cancer Institute): www.cancer.gov/cancertopics NCCN Guidelines for Patients: www.nccn.org/patients/guidelines

#### Triple-Negative Breast Cancer

Guide to Understanding Triple Negative Breast Cancer (Living Beyond Breast Cancer): <u>www.lbbc.org/get-support</u> Triple Negative Breast Cancer Foundation: <u>https://tnbcfoundation.org</u>