

Advocacy

National Coalition for Cancer Survivorship: www.canceradvocacy.org

Research Advocacy Network: http://researchadvocacy.org

Survivors Teaching Students:

https://ocrahope.org/get-involved/share-your-voice-and-volunteer/survivors-teaching-

students/

Cancer Risk

American Institute for Cancer Research: www.aicr.org
Campaign for Safe Cosmetics: www.safecosmetics.org

Causes, Risk Factors & Prevention (American Cancer Society): www.cancer.org

Environmental Working Group: www.ewg.org

Familial Ovarian Cancer Registry: www.ovariancancer.com
Ovarian Cancer Risk Factors and Prevention: www.cancer.net

Physicians Committee for Responsible Medicine: www.cancerproject.org

Chemotherapy

Carboplatin Chemotherapy: Carboplatin - Macmillan Cancer Support

Chemocare: www.chemocare.com

Chemotherapy (American Cancer Society):

https://www.cancer.org/cancer/managing-cancer/treatment-types/chemotherapy.ht

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Chemotherapy (Cancer.net): www.cancer.net/navigating-cancer-care

Chemotherapy (Macmillan Cancer Support):

https://www.macmillan.org.uk/cancerinformation

FDA Drug Database: www.accessdata.fda.gov

MedlinePlus Drugs, Herbs, Supplements: www.nlm.nih.gov/medlineplus Taxol Chemotherapy: https://www.macmillan.org.uk/cancerinformation/

Choosing Your Medical Team

American College of Surgeons Find A Surgeon Tool:

www.facs.org/search/find-a-surgeon

American Board of Medical Specialties Certification Matters:

www.certificationmatters.org

American Medical Association Doctor Finder: : https://apps.ama-assn.org/doctorfinder/home.jsp

CalhospitalComapre.org: www.calhospitalcompare.org

Cancer Treatment Facilities by State (Patient Resource): www.patientresource.com

Find a Cancer Doctor (Cancer.net): www.cancer.net/find-cancer-doctor

Find a Gynecologic Oncologist:

www.foundationforwomenscancer.org/find-a-gynecologic-oncologist/

Medical Board of California: www.mbc.ca.gov

Society of Gynecologic Oncology Seek a Specialist: www.sqo.org/seek-a-specialist

The Second Opinion: www.thesecondopinion.org
U.S. News and World Report Hospital Rankings:

http://health.usnews.com/best-hospitals

Clinical Trials

American Cancer Society Clinical Trials Matching Service: www.cancer.org

Center Watch: www.centerwatch.com

Clinical Trials Information for Patients and Caregivers (National Cancer Institute):

www.cancer.gov

Clinicaltrials.gov: www.clinicaltrials.gov

Emerging Med: https://app.emergingmed.com/emed/home

Lazerex Cancer Foundation: https://www.lazarex.org

Ovarian Cancer Research Fund Alliance Clinical Trials Finder:

https://ocrahope.org/research/participate-in-research/find-a-clinical-trial/ Stanford Clinical Trials Directory: https://med.stanford.edu/clinicaltrials

The Clearity Foundation: www.clearityfoundation.org

Leal Health: www.trialjectory.com

UCSF Cancer Center Clinical Trials: http://cancer.ucsf.edu/clinical-trials

Community Support

Caring Bridge: www.caringbridge.org

Jasper: www.hellojasper.com

Lotsa Helping Hands: www.lotsahelpinghands.com

Meal Train: www.mealtrain.com

My Cancer Circle: https://mycancercircle.lotsahelpinghands.com

MyLifeLine.org: www.MyLifeLine.org
Wellnest: www.inspirewellnest.com

We're In This Together: https://wittforever.com/

Complementary and Integrative Medicine

About Herbs, Botanicals, and Other Products by Memorial Sloan Kettering Cancer

Center: www.mskcc.org

CAM-Cancer: http://cam-cancer.org

Cancer Choices: https://cancerchoices.org/

Charlotte Maxwell Complementary Clinic: www.charlottemaxwell.org

Commonweal: www.commonweal.org

Complementary and Alternative Medicine (American Cancer Society):

https://www.cancer.org/cancer/managing-cancer/treatment-types/complementary-a

nd-integrative-medicine.html

Guided Imagery Podcasts (Kaiser Permanente): https://thrive.kaiserpermanente.org
Free Guided Meditations (UCLA Health): https://marc.ucla.edu/mindful-meditations

Harmony Hill Retreat Center: www.harmonyhill.org/cancer

MedlinePlus Drugs, Herbs, Supplements: www.nlm.nih.gov/medlineplus

National Center for Complementary and Integrative Health: https://nccih.nih.gov

Natural Medicines: https://naturalmedicines.therapeuticresearch.com

Office of Dietary Supplements (National Institute of Health): http://ods.od.nih.gov

Oncology Association of Naturopathic Physicians: https://oncanp.org

Society for Integrative Oncology: https://integrativeonc.org

Society for Oncology Massage: www.s4om.org

Stanford Health Library; Health Journeys:

https://www.healthjourneys.com/partneraccess/

The Foundation for Living Beauty: https://www.livingbeauty.org/

Thinking About Complementary and Alternative Medicine (National Cancer

Institute): https://www.cancer.gov/about-cancer/treatment/cam

Unite for HER: uniteforher.org

Detection & Diagnosis

Diagnosis (Cancer.net): www.cancer.net/cancer-types/ovarian

Early Detection, Diagnosis & Staging (American Cancer Society):

www.cancer.org/cancer/ovarian

Symptoms and Detection (Ovarian Cancer Research Fund Alliance):

https://ocrahope.org/get-the-facts/signs-and-symptoms/

Understanding CA125 (Foundation for Women's Cancer): https://foundationforwomenscancer.org/wp-content/uploads/2023/07/FWC_CA-125-Levels-Your-Guide.pdf

Emotional Support

4th Angel Mentoring Program: https://4thangel.ccf.org/ Asian American Cancer Support Network: https://aacsn.org

BeWellLine: bewellline.com

Cactus Cancer Society: https://cactuscancer.org/

Cancercare Ovarian Cancer Online Support Group: www.cancercare.org

Cancer CAREPoint: www.cancercarepoint.org

Cancer Support Community: www.cancersupportcommunity.org

Circulo de Vida: https://circulodevida.org/

Friend For Life: www.friend4life.ora

Imerman Angels: www.imermanangels.org

Livestrong Cancer Navigation:

https://www.livestrong.org/we-can-help/livestrong-navigation-b

National LGBT Cancer Network: http://cancer-network.org

National Ovarian Cancer Coalition Support Services:

https://ovarian.org/programs-and-resources/support-services/

New Hope Chinese Cancer Care Foundation: www.newhopecancer.org

Rafiki Coalition: https://rafikicoalition.org/

Shanti's Margot Murphy Women's Cancer Program: www.shanti.org

SHARE: <u>www.sharecancersupport.org</u>

Sharsheret: http://sharsheret.org

Stanford Supportive Care Program: https://stanfordhealthcare.org

Stupid Cancer: www.stupidcancer.org

Support Connection: http://supportconnection.org

The Ida and Joseph Friend Cancer Resource Center: http://cancer.ucsf.edu

With a Little Help From Her Friends (Sandy Rollman Ovarian Cancer Foundation):

www.sandyovarian.org

Woman to Woman Peer Mentor Program (Ovarian Cancer Research Alliance): https://ocrahope.org/resources-support/woman-to-woman-peer-mentor-program/

Women's Cancer Resource Center: www.wcrc.org

Women Care: http://fsa-cc.org/womencare

End of Life

Advanced Cancer (Cancer.net): www.cancer.net

Bill Wilson Center for Living with Dying: www.billwilsoncenter.org

Caring Info: www.caringinfo.org

Coda Alliance: http://codaalliance.org/

Death with Dignity: www.deathwithdignity.org

End of Life Care: Questions and Answers (National Cancer Institute): www.cancer.gov

Five Wishes: www.agingwithdignity.org

Grief, Bereavement, and Coping with Loss PDQ (National Cancer Institute):

www.cancer.gov

Hospice Foundation of America: www.hospicefoundation.org

Hospice By the Bay: www.hospicebythebay.org
Hospice of the Valley: www.hospicebythebay.org
Kara Grief Support: www.kara-grief.org

Mission Hospice & Home Care: www.missionhospice.org

National Association for Homecare and Hospice: www.nahc.org
National Hospice and Palliative Care Organization: www.nhpco.org

Pathways: www.pathwayshealth.org

The Conversation Project: http://theconversationproject.org

Family, Friends & Caregivers

Bright Spot Network: https://www.brightspotnetwork.org/

Breathing Spaces: https://breathingspacesfc.com/

Camp Kesem: www.campkesem.org

Camp Erin: www.moyerfoundation.org/camps-programs
Camp Weiser: https://me-onefoundation.org/camp-wieser/

Cancer Really Sucks:

https://www.aacr.org/patients-caregivers/patient-advocacy/resource/cancer-really-sucks/

Caregiver Action Network: http://caregiveraction.org

Caregiver Support Services (Cancercare): www.cancercare.org

Caregivers (Cancer Support Community):

https://www.cancersupportcommunity.org/caregivers Caregivers and Family (American Cancer Society): https://www.cancer.org/treatment/caregivers.html

CLIMB: www.childrenstreehousefdn.org

Coping with Cancer: For Caregivers, Family and Friends (National Cancer Institute):

www.cancer.gov/cancertopics

EmpowerHER: https://www.empoweringher.org/

Helping Children When a Family member Has Cancer: Dealing With Diagnosis

(American Cancer Society):

https://www.cancer.org/cancer/caregivers/helping-children-when-a-family-member-

has-cancer.html

Inheritance of Hope: https://inheritanceofhope.org/

Kara Grief Support: https://kara-grief.org
Publications About Caregiving (Cancercare):

https://www.cancercare.org/publications/tagged/caregiving

Talking with Children About Cancer (Dana Farber Cancer Institute):

https://www.dana-farber.org/patient-family/support-services/family-connections/for-

patients/talking-children-about-cancer

Fertility and Pregnancy

Circle Surrogacy: https://circlesurrogacy.com/parents/cancer-survivor-parenting

Hope For Two: <u>www.hopefortwo.org</u> Reprotech: <u>www.reprotech.com</u>

RESOLVE: The National Infertility Association: www.resolve.org

Financial Resources

American Life Fund: https://www.americanlifefund.com/cancer-grant/
Benefits Check Up (National Council on Aging): www.benefitscheckup.org

Best Face Forward (Sharsheret): http:sharsheret.org/resource/best-face-forward-2-0/

Breast and Ovarian Cancer Emergency Fund:

https://www.bayareacancer.org/financial-assistance/

Cancercare Financial Assistance Program: www.cancercare.org

Cancercare Financial Assistance Database: www.cancercare.org/helpinghand

Cancer Financial Assistance Coalition: www.cancerfac.org

Cancer For College: www.cancerforcollege.org

Cancer in the Family Relief Fund: www.cancerfamilyrelieffund.org

Disability Benefits Help: www.disability-benefits-help.org

Dream Foundation: www.dreamfoundation.org

Financial Considerations (American Society of Clinical Oncology):

www.cancer.net/all-about-cancer

Good Days Patient Assistance: www.mygooddays.org
Hair To Stay: www.hairtostay.org/apply-for-a-subsidy/
Healthwell Foundation: www.healthwellfoundation.org
Nancy's List: https://nancyslist.org/financial-assistance/

National Financial Resources Directory (Patient Advocate Foundation):

www.patientadvocate.org

Needy Meds: www.needymeds.org/

OvarCare: www.ovarcome.org

Partnership for Prescription Assistance: www.pparx.org
Patient Advocate Foundation Co-Pay Relief: www.copays.org

Patient Services Inc: www.patientservicesinc.org

Rx Assist: www.rxassist.org

Sense of Security: https://www.senseofsecurity.org/

Social Security Disability Resource Center: www.ssdrc.com

The Sam Fund: www.thesamfund.org

Genetics

ASK2ME: https://ask2me.org/ Bright Pink: www.brightpink.org/ BRCA1 and BRCA2: Cancer Risk and Genetic Testing (National Cancer Institute):

www.cancer.gov

Decision Tool for Women with BRCA Mutations (Stanford):

www.brcatool.stanford.edu/

FORCE: Facing Hereditary Cancer Empowered: www.facingourrisk.org

Genetic and Biomarker Tumor Testing (National Ovarian Cancer Coalition):

https://ovarian.org/the-role-of-genetic-and-biomarker-tumor-testing-in-ovarian-cancer-treatment/

Genetics of Breast and Ovarian Cancer PDQ (National Cancer Institute): https://www.cancer.gov/types/breast/hp/breast-ovarian-genetics-pdg

Genetic Testing for Breast and Ovarian Cancer (UpToDate): www.uptodate.com

National Society of Genetic Counselors: www.aboutgeneticcounselors.com

BRCA/Genetics Sharsheret: www.sharsheret.org

Home Care, Transportation and Practical Assistance

Air Charity Network: http://aircharitynetwork.org

Care Indeed: <u>www.careindeed.com</u>

Cleaning for a Reason: <u>www.cleaningforareason.org</u> Corporate Angel Network: <u>www.corpangelnetwork.org</u>

Ecumenical Hunger: https://www.ehpcares.org/

Findhelp.org: https://www.findhelp.org/

Golden Age Bay Area:

https://www.care.com/b/l/golden-age-bay-area/castro-valley-ca-20212-redwood-road-

<u>103a1</u>

Home Care Assistance: www.homecareassistance.com

Honor: <u>www.joinhonor.com</u>

Lifeline Pilots: www.lifelinepilots.org

Marin CIL: https://www.marincil.org/services/#meaningful-access-to-care National Association of Hospital Hospitality Houses: www.hhnetwork.org

Nurse Registry: <u>nurseregistry.com</u>

Open Homes (AirBnB): www.curetoday.com/articles/ Pink Ribbon Girls: https://www.pinkribbongirls.org/

Road to Recovery: www.cancer.org Roadrunners Transportation:

www.elcaminohospital.org/services/roadrunners-transportation San Francisco Women's Cancer Network: https://sfwcn.org/

Seniors At Home: www.seniorsathome.org

The Shanti Project: www.shanti.org

Visiting Angels: www.angelshomecare.com

Legal Resources

Bay Area Legal Aid: https://baylegal.org

Cancer and Careers: www.cancerandcareers.org

Cancer Legal Resource Center: http://cancerlegalresources.org

LawHelpCA: http://lawhelpca.org

Patient Advocate Foundation: www.patientadvocate.org

LGBTQIA Resources

GLMA, Health Professionals Advancing LBGT Equality: www.glma.org

Ovarian and Endometrial Cancer Considerations in Transgender Men:

http://transhealth.ucsf.edu/trans

Support Groups for Survivors-National LGBT Cancer Network:

https://cancer-network.org/programs/support-groups-for-survivors/

The LGBT Cancer Project: https://lgbtcancer.org

Nutrition and Exercise

American Institute for Cancer Research: www.aicr.org Cook for Your Life, Recipes: www.cookforyourlife.org

Culinary Angels: www.culinaryangels.org

Eating Hints Before, During and After Cancer Treatment: www.cancer.gov
Eating Well During and After Your Cancer Treatment (Memorial Sloan Kettering): www.mskcc.org/cancer-care/patient-education/eating-well-during-and-after-your-tre atment

LiveStrong at the YMCA:

https://www.ymca.org/what-we-do/healthy-living/fitness/livestrong

Nutrition and Physical Activity During and After Cancer Treatment: Answers to Common Questions:

https://www.cancer.org/cancer/survivorship/be-healthy-after-treatment/nutrition-and-physical-activity-during-and-after-cancer-treatment.html

Nutrition and Physical Activity Guidelines for Cancer Survivors: www.cancer.org

Nutrition for the Person with Cancer During Treatment: www.cancer.org

Physicians Committee for Responsible Medicine: www.pcrm.org

Survivor's Table: www.survivorstable.com
Stanford Health Care Cancer Wellness Classes:

https://stanfordhealthcare.org/for-patients-visitors/cancer-supportive-care-program.html

The Cancer Fighting Kitchen, Recipe-Box: www.rebeccakatz.com

Overview/Current Research Information

American Cancer Society: www.cancer.org/cancer/ovarian-cancer

CancerCare: www.cancercare.org

Cancer.net:

<u>www.cancer.net/cancer-types/ovarian-fallopian-tube-and-peritoneal-cancer/introduction</u>

CancerToday: www.cancertodaymag.org
Cure Magazine: www.curetoday.com

Disease InfoSearch: https://www.diseaseinfosearch.org/

Fallopian Tube Cancer:

https://www.cedars-sinai.org/health-library/diseases-and-conditions/f/fallopian-tube-cancer.html

Foundation for Women's Cancer: www.foundationforwomenscancer.org

MedlinePlus: www.nlm.nih.gov/medlineplus Medscape Oncology Ovarian Cancer News:

www.medscape.com/resource/ovarian-cancer

National Cancer Institute: www.cancer.gov/types/ovarian

National Comprehensive Cancer Network Guidelines for Patients: www.nccn.org

National Ovarian Cancer Coalition: www.ovarian.org

OncoLink: www.oncolink.org

Ovarian Cancer Research Fund Alliance: www.ocrfa.org

Ovarian Cancer Research News:

https://www.zotero.org/groups/1292431/bay_area_cancer_connections_ovarian_resear ch_news/library

Ovarian Cancer Resource Guide for Newly Diagnosed Women (National Ovarian

Cancer Coalition):

https://ovarian.org/wp-content/uploads/2021/07/NewlyDiagnosed081821.pdf

Ovarian Cancer, Your Guide (Foundation for Women's Cancer):

https://www.foundationforwomenscancer.org/gynecologic-cancers/cancer-types/ovarian/

PubMed: www.ncbi.nlm.nih.gov/pubmed

Society of Gynecologic Oncology: www.sgo.org/ovarian-cancer

SurvivorNet: www.survivornet.com
UpToDate: www.uptodate.com

Recurrent Ovarian Cancer

Ovarian Cancer Resource Guide for Women with Recurrent Disease (National Ovarian Cancer Coalition):

https://ovarian.org/wp-content/uploads/2021/07/RecurrentDisease081821.pdf

Recurrent or Progressive Disease (Clearity Foundation):

http://www.clearityfoundation.org/recurrent-or-refractory-cancer/

Side Effects

Chill, Cancer related hair loss: www.scalpcooling.org

Chemo Diva: https://chemodiva.com

Ever You (American Cancer Society): https://everyou.com/

First Aid for People with Cancer:

https://pacificmedicalacls.com/first-aid-for-people-with-cancer.html

Friend to Friend Specialty Shop: www.friend2friend.org

Good Wishes: www.goodwishesscarves.org

Hair To Stay: www.hairtostay.org

Lipstick Angels: www.lipstickangels.org

Look Good, Feel Better: http://lookgoodfeelbetter.org Managing Cancer-related Side Effects: www.cancer.org National Lymphedema Network: www.lymphnet.org

Pain Management (American Society of Anesthesiologists):

www.asahq.or/whensecondscount/pain-management

Quality of Life Issues (National Ovarian Cancer Coalition):

https://ovarian.org/wp-content/uploads/2021/05/QOL-051421.pdf

The Rapunzel Project: www.rapunzelproject.org

The Next Step: <u>www.nextstepboutique.com</u>

Understanding the Side Effects of Cancer Treatment (Patient Resource):

www.patientresource.com

Verma Foundation: https://vermafoundation.org

Wigs and Wishes: https://www.wigsandwishes.org/request-a-wig.php

Wig Resources: <u>link</u>

Survivorship

After Treatment Ends: Tools for the Adult Cancer Survivor (Cancer*care*):

www.cancercare.org

Cancer Survivorship (American Society of Clinical Oncology): www.cancer.net

Journey Forward: http://journeyforward.org

OncoLink Survivorship Care Plan: www.oncolink.org

Ovarian Cancer Consortium for Long-Term Survival:

https://www.massgeneral.org/cancer/research/ovariansurvivorshipstudy.aspx

Ovarian Cancer Survivorship (Cancer.net): www.cancer.net

Ovarian Cancer Treatment Summary and Survivorship Care Plan (Society of

Gynecologic Oncology): www.sqo.orq

Targeted Therapies

Overview of Targeted Therapies for Cancer: https://www.mycancergenome.org/

Personalized Cancer Therapy: https://pct.mdanderson.org/

Targeted Cancer Therapies (National Cancer Institute):

https://www.cancer.gov/about-cancer/treatment/types/targeted-therapies/

Treatment Summaries

NCCN Patients Guidelines: https://www.nccn.org

Treating Ovarian Cancer (American Cancer Society): www.cancer.org

Treatment Options (Cancer.net): www.cancer.net