

Advocacy

National Coalition for Cancer Survivorship: <u>www.canceradvocacy.org</u> Research Advocacy Network: <u>http://researchadvocacy.org</u> Survivors Teaching Students: <u>https://ocrahope.org/get-involved/share-your-voice-and-volunteer/survivors-teaching-students/</u>

Cancer Risk

American Institute for Cancer Research: <u>www.aicr.org</u> Campaign for Safe Cosmetics: <u>www.safecosmetics.org</u> Causes, Risk Factors & Prevention (American Cancer Society): <u>www.cancer.org</u> Environmental Working Group: <u>www.ewg.org</u> Familial Ovarian Cancer Registry: <u>www.ovariancancer.com</u> Ovarian Cancer Risk Factors and Prevention: <u>www.cancer.net</u> Physicians Committee for Responsible Medicine: <u>www.cancerproject.org</u>

Chemotherapy

Carboplatin Chemotherapy: <u>Carboplatin - Macmillan Cancer Support</u> Chemocare: <u>www.chemocare.com</u> Chemotherapy (American Cancer Society): <u>https://www.cancer.org/cancer/managing-cancer/treatment-types/chemotherapy.ht</u> <u>ml</u> Chemotherapy (Cancer.net): <u>www.cancer.net/navigating-cancer-care</u> Chemotherapy (Macmillan Cancer Support): <u>https://www.macmillan.org.uk/cancerinformation</u> FDA Drug Database: <u>www.accessdata.fda.gov</u> MedlinePlus Drugs, Herbs, Supplements: <u>www.nlm.nih.gov/medlineplus</u>

Taxol Chemotherapy: <u>https://www.macmillan.org.uk/cancerinformation/</u>

Choosing Your Medical Team

American College of Surgeons Find A Surgeon Tool: www.facs.org/search/find-a-surgeon American Board of Medical Specialties Certification Matters: www.certificationmatters.org American Medical Association Doctor Finder: : https://apps.ama-assn.org/doctorfinder/home.jsp CalhospitalComapre.org: www.calhospitalcompare.org Cancer Treatment Facilities by State (Patient Resource): www.patientresource.com Find a Cancer Doctor (Cancer.net): <u>www.cancer.net/find-cancer-doctor</u> Find a Gynecologic Oncologist: www.foundationforwomenscancer.org/find-a-gynecologic-oncologist/ Medical Board of California: www.mbc.ca.gov Society of Gynecologic Oncology Seek a Specialist: www.sgo.org/seek-a-specialist The Second Opinion: www.thesecondopinion.org U.S. News and World Report Hospital Rankings: http://health.usnews.com/best-hospitals

Clinical Trials

American Cancer Society Clinical Trials Matching Service: www.cancer.org Center Watch: www.centerwatch.com Clinical Trials Information for Patients and Caregivers (National Cancer Institute): www.cancer.gov Clinicaltrials.gov: www.clinicaltrials.gov Emerging Med: https://app.emergingmed.com/emed/home Lazerex Cancer Foundation: https://www.lazarex.org Ovarian Cancer Research Fund Alliance Clinical Trials Finder: https://ocrahope.org/research/participate-in-research/find-a-clinical-trial/ Stanford Clinical Trials Directory: https://med.stanford.edu/clinicaltrials The Clearity Foundation: www.clearityfoundation.org Leal Health: www.trialjectory.com UCSF Cancer Center Clinical Trials: http://cancer.ucsf.edu/clinical-trials

Community Support

Caring Bridge: www.caringbridge.org Jasper: www.hellojasper.com Lotsa Helping Hands: www.lotsahelpinghands.com Meal Train: www.mealtrain.com My Cancer Circle: https://mycancercircle.lotsahelpinghands.com MyLifeLine.org: www.MyLifeLine.org Wellnest: www.inspirewellnest.com We're In This Together: https://wittforever.com/

Complementary and Integrative Medicine

About Herbs, Botanicals, and Other Products by Memorial Sloan Kettering Cancer Center: www.mskcc.org CAM-Cancer: http://cam-cancer.org Cancer Choices: https://cancerchoices.org/ Charlotte Maxwell Complementary Clinic: www.charlottemaxwell.org Commonweal: www.commonweal.org Complementary and Alternative Medicine (American Cancer Society): https://www.cancer.org/cancer/managing-cancer/treatment-types/complementary-a nd-integrative-medicine.html Guided Imagery Podcasts (Kaiser Permanente): https://thrive.kaiserpermanente.org Free Guided Meditations (UCLA Health): http://marc.ucla.edu/mindful-meditations Harmony Hill Retreat Center: www.harmonyhill.org/cancer MedlinePlus Drugs, Herbs, Supplements: www.nlm.nih.gov/medlineplus National Center for Complementary and Integrative Health: <u>https://nccih.nih.gov</u> Natural Medicines: https://naturalmedicines.therapeuticresearch.com Office of Dietary Supplements (National Institute of Health): http://ods.od.nih.gov Oncology Association of Naturopathic Physicians: https://oncanp.org Society for Integrative Oncology: https://integrativeonc.org Society for Oncology Massage: www.s4om.org Stanford Health Library; Health Journeys: https://www.healthiournevs.com/partneraccess/ The Foundation for Living Beauty: https://www.livingbeauty.org/ Thinking About Complementary and Alternative Medicine (National Cancer Institute): <u>https://www.cancer.gov/about-cancer/treatment/cam</u> Unite for HER: uniteforher.org

Detection & Diagnosis

Diagnosis (Cancer.net): <u>www.cancer.net/cancer-types/ovarian</u> Early Detection, Diagnosis & Staging (American Cancer Society): <u>www.cancer.org/cancer/ovarian</u>

Symptoms and Detection (Ovarian Cancer Research Fund Alliance): https://ocrahope.org/get-the-facts/signs-and-symptoms/

Understanding CA125 (Foundation for Women's Cancer):

https://foundationforwomenscancer.org/wp-content/uploads/2023/07/FWC_CA-125-L evels-Your-Guide.pdf

Emotional Support

4th Angel Mentoring Program: https://4thangel.ccf.org/ Asian American Cancer Support Network: http://aacsn.org BACC Community Resources for Mental Health: https://www.bayareacancer.org/wp-content/uploads/2025/05/BACC-Community-Reso urces-for-Mental-Health.pdf BeWellLine: bewellline.com Cactus Cancer Society: https://cactuscancer.org/ Cancercare Ovarian Cancer Online Support Group: www.cancercare.org Cancer CAREPoint: www.cancercarepoint.org Cancer Support Community: www.cancersupportcommunity.org Circulo de Vida: https://circulodevida.org/ Friend For Life: www.friend4life.org Imerman Angels: www.imermanangels.org Livestrong Cancer Navigation: https://www.livestrong.org/we-can-help/livestrong-navigation-b National LGBT Cancer Network: http://cancer-network.org National Ovarian Cancer Coalition Support Services: https://ovarian.org/programs-and-resources/support-services/ New Hope Chinese Cancer Care Foundation: www.newhopecancer.org Rafiki Coalition: https://rafikicoalition.org/ Shanti's Margot Murphy Women's Cancer Program: www.shanti.org SHARE: www.sharecancersupport.org Sharsheret: http://sharsheret.org Stanford Supportive Care Program: https://stanfordhealthcare.org Stupid Cancer: www.stupidcancer.org Support Connection: http://supportconnection.org The Ida and Joseph Friend Cancer Resource Center: http://cancer.ucsf.edu With a Little Help From Her Friends (Sandy Rollman Ovarian Cancer Foundation): www.sandyovarian.org Woman to Woman Peer Mentor Program (Ovarian Cancer Research Alliance):

https://ocrahope.org/resources-support/woman-to-woman-peer-mentor-program/

Women's Cancer Resource Center: <u>www.wcrc.org</u> Women Care: <u>http://fsa-cc.org/womencare</u>

End of Life

Advanced Cancer (Cancer.net): <u>www.cancer.net</u> Bill Wilson Center for Living with Dying: <u>www.billwilsoncenter.org</u> Caring Info: www.caringinfo.org Coda Alliance: http://codaalliance.org/ Death with Dignity: www.deathwithdignity.org End of Life Care: Questions and Answers (National Cancer Institute): www.cancer.gov Five Wishes: www.agingwithdignity.org Grief, Bereavement, and Coping with Loss PDQ (National Cancer Institute): www.cancer.gov Hospice Foundation of America: www.hospicefoundation.org Hospice By the Bay: www.hospicebythebay.org Hospice of the Valley: www.hospicevalley.org Kara Grief Support: www.kara-grief.org Mission Hospice & Home Care: www.missionhospice.org National Association for Homecare and Hospice: www.nahc.org National Hospice and Palliative Care Organization: www.nhpco.org Pathways: www.pathwayshealth.org The Conversation Project: http://theconversationproject.org

Family, Friends & Caregivers

Bright Spot Network: https://www.brightspotnetwork.org/ Breathing Spaces: https://breathingspacesfc.com/ Camp Kesem: www.campkesem.org Camp Erin: <u>www.moverfoundation.org/camps-programs</u> Camp Weiser: https://me-onefoundation.org/camp-wieser/ Cancer Really Sucks: https://www.aacr.org/patients-caregivers/patient-advocacy/resource/cancer-really-suc ks/ Caregiver Action Network: <u>http://caregiveraction.org</u> Caregiver Support Services (Cancercare): www.cancercare.org Caregivers (Cancer Support Community): https://www.cancersupportcommunity.org/caregivers Caregivers and Family (American Cancer Society): https://www.cancer.org/treatment/caregivers.html CLIMB: www.childrenstreehousefdn.org Coping with Cancer: For Caregivers, Family and Friends (National Cancer Institute): www.cancer.gov/cancertopics EmpowerHER: https://www.empoweringher.org/ Helping Children When a Family member Has Cancer: Dealing With Diagnosis (American Cancer Society): https://www.cancer.org/cancer/caregivers/helping-children-when-a-family-memberhas-cancer.html Inheritance of Hope: <u>https://inheritanceofhope.org/</u> Kara Grief Support: https://kara-grief.org Publications About Caregiving (Cancercare): https://www.cancercare.org/publications/tagged/caregiving Talking with Children About Cancer (Dana Farber Cancer Institute): https://www.dana-farber.org/patient-family/support-services/family-connections/for-

patients/talking-children-about-cancer

Fertility and Pregnancy

Circle Surrogacy: <u>https://circlesurrogacy.com/parents/cancer-survivor-parenting</u> Hope For Two: <u>www.hopefortwo.org</u> Reprotech: <u>www.reprotech.com</u> RESOLVE: The National Infertility Association: <u>www.resolve.org</u>

Financial Resources

American Life Fund: https://www.americanlifefund.com/cancer-grant/ Benefits Check Up (National Council on Aging): www.benefitscheckup.org Best Face Forward (Sharsheret): http:sharsheret.org/resource/best-face-forward-2-0/ Breast and Ovarian Cancer Emergency Fund: https://www.bayareacancer.org/financial-assistance/ Cancercare Financial Assistance Program: www.cancercare.org Cancercare Financial Assistance Database: www.cancercare.org/helpinghand Cancer Financial Assistance Coalition: www.cancerfac.org Cancer For College: www.cancerforcollege.org Cancer in the Family Relief Fund: www.cancerfamilyrelieffund.org Disability Benefits Help: www.disability-benefits-help.org Dream Foundation: www.dreamfoundation.org Financial Considerations (American Society of Clinical Oncology): www.cancer.net/all-about-cancer Good Days Patient Assistance: www.mygooddays.org Hair To Stay: www.hairtostay.org/apply-for-a-subsidy/ Healthwell Foundation: www.healthwellfoundation.org Nancy's List: https://nancyslist.org/financial-assistance/ National Financial Resources Directory (Patient Advocate Foundation): www.patientadvocate.org Needy Meds: www.needymeds.org/ OvarCare: www.ovarcome.org Partnership for Prescription Assistance: www.pparx.org Patient Advocate Foundation Co-Pay Relief: www.copays.org Patient Services Inc: www.patientservicesinc.org Rx Assist: www.rxassist.org Sense of Security: https://www.senseofsecurity.org/ Social Security Disability Resource Center: www.ssdrc.com

The Sam Fund: <u>www.thesamfund.org</u>

Genetics

ASK2ME: <u>https://ask2me.org/</u>

Bright Pink: <u>www.brightpink.org</u>

BRCA1 and BRCA2: Cancer Risk and Genetic Testing (National Cancer Institute):

Decision Tool for Women with BRCA Mutations (Stanford):

www.brcatool.stanford.edu/

FORCE: Facing Hereditary Cancer Empowered: <u>www.facingourrisk.org</u> Genetic and Biomarker Tumor Testing (National Ovarian Cancer Coalition): <u>https://ovarian.org/the-role-of-genetic-and-biomarker-tumor-testing-in-ovarian-canc</u> <u>er-treatment/</u>

Genetics of Breast and Ovarian Cancer PDQ (National Cancer Institute): <u>https://www.cancer.gov/types/breast/hp/breast-ovarian-genetics-pdq</u> Genetic Testing for Breast and Ovarian Cancer (UpToDate): <u>www.uptodate.com</u> National Society of Genetic Counselors: <u>www.aboutgeneticcounselors.com</u> BRCA/Genetics Sharsheret: <u>www.sharsheret.org</u>

Home Care, Transportation and Practical Assistance

Air Charity Network: http://aircharitynetwork.org Care Indeed: www.careindeed.com Cleaning for a Reason: www.cleaningforareason.org Corporate Angel Network: www.corpangelnetwork.org Ecumenical Hunger: <u>https://www.ehpcares.org/</u> Findhelp.org: https://www.findhelp.org/ Golden Age Bay Area: https://www.care.com/b/l/golden-age-bay-area/castro-vallev-ca-20212-redwood-road-103a1 Home Care Assistance: www.homecareassistance.com Honor: www.ioinhonor.com Lifeline Pilots: <u>www.lifelinepilots.org</u> Marin CIL: https://www.marincil.org/services/#meaningful-access-to-care National Association of Hospital Hospitality Houses: www.hhnetwork.org Nurse Registry: nurseregistry.com Open Homes (AirBnB): <u>www.curetoday.com/articles/</u> Pink Ribbon Girls: https://www.pinkribbongirls.org/ Road to Recovery: www.cancer.org Roadrunners Transportation: www.elcaminohospital.org/services/roadrunners-transportation San Francisco Women's Cancer Network: https://sfwcn.org/ Seniors At Home: www.seniorsathome.org The Shanti Project: www.shanti.org Visiting Angels: www.angelshomecare.com

Legal Resources

Bay Area Legal Aid: <u>https://baylegal.org</u> Cancer and Careers: <u>www.cancerandcareers.org</u> Cancer Legal Resource Center: <u>http://cancerlegalresources.org</u> LawHelpCA: <u>http://lawhelpca.org</u> Patient Advocate Foundation: <u>www.patientadvocate.org</u>

LGBTQIA Resources

GLMA, Health Professionals Advancing LBGT Equality: <u>www.glma.org</u>

Ovarian and Endometrial Cancer Considerations in Transgender Men: <u>http://transhealth.ucsf.edu/trans</u>

Support Groups for Survivors-National LGBT Cancer Network: <u>https://cancer-network.org/programs/support-groups-for-survivors/</u> The LGBT Cancer Project: <u>https://lgbtcancer.org</u>

Nutrition and Exercise

American Institute for Cancer Research: <u>www.aicr.org</u> Cook for Your Life, Recipes: <u>www.cookforyourlife.org</u>

Culinary Angels: www.culinaryangels.org

Eating Hints Before, During and After Cancer Treatment: <u>www.cancer.gov</u>

Eating Well During and After Your Cancer Treatment (Memorial Sloan Kettering):

www.mskcc.org/cancer-care/patient-education/eating-well-during-and-after-your-treatment

LiveStrong at the YMCA:

https://www.ymca.org/what-we-do/healthy-living/fitness/livestrong

Nutrition and Physical Activity During and After Cancer Treatment: Answers to Common Questions:

https://www.cancer.org/cancer/survivorship/be-healthy-after-treatment/nutrition-and -physical-activity-during-and-after-cancer-treatment.html

Nutrition and Physical Activity Guidelines for Cancer Survivors: <u>www.cancer.org</u>

Nutrition for the Person with Cancer During Treatment: <u>www.cancer.org</u>

Physicians Committee for Responsible Medicine: www.pcrm.org

Survivor's Table: <u>www.survivorstable.com</u>

Stanford Health Care Cancer Wellness Classes:

https://stanfordhealthcare.org/for-patients-visitors/cancer-supportive-care-program.h tml

The Cancer Fighting Kitchen, Recipe-Box: <u>www.rebeccakatz.com</u>

Overview/Current Research Information

American Cancer Society: <u>www.cancer.org/cancer/ovarian-cancer</u>

CancerCare: <u>www.cancercare.org</u>

Cancer.net:

www.cancer.net/cancer-types/ovarian-fallopian-tube-and-peritoneal-cancer/introduc tion

CancerToday: www.cancertodaymag.org

Cure Magazine: <u>www.curetoday.com</u>

Disease InfoSearch: https://www.diseaseinfosearch.org/

Fallopian Tube Cancer:

https://www.cedars-sinai.org/health-library/diseases-and-conditions/f/fallopian-tube-cancer.html

Foundation for Women's Cancer: www.foundationforwomenscancer.org MedlinePlus: www.nlm.nih.gov/medlineplus Medscape Oncology Ovarian Cancer News: www.medscape.com/resource/ovarian-cancer National Cancer Institute: <u>www.cancer.gov/types/ovarian</u> National Comprehensive Cancer Network Guidelines for Patients: www.nccn.org National Ovarian Cancer Coalition: www.ovarian.org OncoLink: www.oncolink.org Ovarian Cancer Research Fund Alliance: www.ocrfa.org **Ovarian Cancer Research News:** https://www.zotero.org/groups/1292431/bay_area_cancer_connections_ovarian_resear <u>ch_news/library</u> Ovarian Cancer Resource Guide for Newly Diagnosed Women (National Ovarian Cancer Coalition): https://ovarian.org/wp-content/uploads/2021/07/NewlyDiagnosed081821.pdf Ovarian Cancer, Your Guide (Foundation for Women's Cancer): https://www.foundationforwomenscancer.org/gynecologic-cancers/cancer-types/ovar ian/

PubMed: www.ncbi.nlm.nih.gov/pubmed

Society of Gynecologic Oncology: www.sgo.org/ovarian-cancer

SurvivorNet: <u>www.survivornet.com</u>

UpToDate: <u>www.uptodate.com</u>

Recurrent Ovarian Cancer

Ovarian Cancer Resource Guide for Women with Recurrent Disease (National Ovarian Cancer Coalition):

https://ovarian.org/wp-content/uploads/2021/07/RecurrentDisease081821.pdf

Recurrent or Progressive Disease (Clearity Foundation): http://www.clearityfoundation.org/recurrent-or-refractory-cancer/

Side Effects

Chill, Cancer related hair loss: <u>www.scalpcooling.org</u> Chemo Diva: <u>https://chemodiva.com</u> Ever You (American Cancer Society): <u>https://everyou.com/</u> First Aid for People with Cancer: <u>https://pacificmedicalacls.com/first-aid-for-people-with-cancer.html</u> Friend to Friend Specialty Shop: <u>www.friend2friend.org</u> Good Wishes: <u>www.goodwishesscarves.org</u>

Hair To Stay: www.hairtostay.org

Lipstick Angels: <u>www.lipstickangels.org</u>

Look Good, Feel Better: http://lookgoodfeelbetter.org

Managing Cancer-related Side Effects: www.cancer.org

National Lymphedema Network: <u>www.lymphnet.org</u>

Pain Management (American Society of Anesthesiologists):

www.asahq.or/whensecondscount/pain-management

Quality of Life Issues (National Ovarian Cancer Coalition): <u>https://ovarian.org/wp-content/uploads/2021/05/QOL-051421.pdf</u>

The Rapunzel Project: www.rapunzelproject.org

The Next Step: <u>www.nextstepboutique.com</u> Understanding the Side Effects of Cancer Treatment (Patient Resource): <u>www.patientresource.com</u> Verma Foundation: https://vermafoundation.org

Wigs and Wishes: <u>https://www.wigsandwishes.org/request-a-wig.php</u> Wig Resources: <u>link</u>

Survivorship

After Treatment Ends: Tools for the Adult Cancer Survivor (Cancer*care*): <u>www.cancercare.org</u>

Cancer Survivorship (American Society of Clinical Oncology): <u>www.cancer.net</u>

Journey Forward: <u>http://journeyforward.org</u>

OncoLink Survivorship Care Plan: www.oncolink.org

Ovarian Cancer Consortium for Long-Term Survival: <u>https://www.massgeneral.org/cancer/research/ovariansurvivorshipstudy.aspx</u>

Ovarian Cancer Survivorship (Cancer.net): <u>www.cancer.net</u> Ovarian Cancer Treatment Summary and Survivorship Care Plan (Society of Gynecologic Oncology): <u>www.sqo.orq</u>

Targeted Therapies

Overview of Targeted Therapies for Cancer: <u>https://www.mycancergenome.org/</u> Personalized Cancer Therapy: <u>https://pct.mdanderson.org/</u> Targeted Cancer Therapies (National Cancer Institute): <u>https://www.cancer.gov/about-cancer/treatment/types/targeted-therapies/</u>

Treatment Summaries

NCCN Patients Guidelines: <u>https://www.nccn.org</u> Treating Ovarian Cancer (American Cancer Society): <u>www.cancer.org</u> Treatment Options (Cancer.net): <u>www.cancer.net</u>