BACC Bay Area Cancer Connections

Advocacy

Breast Cancer Action: <u>bcaction.org</u> California Breast Cancer Research Program: <u>cbcrp.org</u> Metastatic Breast Cancer Network: <u>www.mbcn.org</u> National Breast Cancer Coalition: <u>stopbreastcancer.org</u> National Coalition for Cancer Survivorship: <u>www.canceradvocacy.org</u> Research Advocacy Network: <u>http://researchadvocacy.org</u> Sisters Network Inc: <u>www.sistersnetworkinc.org</u> Susan G. Komen Advocate in Science: <u>www.komen.org/how-to-help/</u> Young Survival Coalition: <u>www.youngsurvival.org/be-an-advocate</u>

Breast Reconstruction

American Society of Plastic Surgeons: www.plasticsurgery.org Breast Free – The Alternative to Reconstruction: https://www.cancer.org/cancer/types/breast-cancer/reconstruction-surgery/breast-rec onstruction-alternatives.html Breast Implants (FDA): www.fda.gov/MedicalDevices Breastoration Ink: https://www.breastorationink.org/ Breast Reconstruction.org: www.breastreconstruction.org Breast Reconstruction After Mastectomy (American Cancer Society): https://www.cancer.org/cancer/types/breast-cancer/reconstruction-surgery.html Breast Reconstruction Awareness Campaign: www.breastreconusa.org My Hope Chest-Funding Reconstruction for Breast Cancer Survivors: www.myhopechest.org Not Putting on a Shirt: www.notputtingonashirt.org Reshaping You: Breast Reconstruction for Breast Cancer Patients (MD Anderson): www.mdanderson.org Transformation Galleries (Center for Restorative Breast Surgery): https://www.breastcenter.com/result-photos/galleries/ Women's Health and Cancer Rights Act: www.cancer.org Cancer Risk

American Institute for Cancer Research: <u>www.aicr.org</u> Breast Cancer Risk Assessment Tool (National Cancer Institute): <u>www.cancer.gov/bcrisktool</u> Breast Cancer Prevention Partners: <u>www.bcpp.org</u> Bright Pink: <u>www.brightpink.org</u> Campaign for Safe Cosmetics: <u>www.safecosmetics.org</u> Environmental Working Group: <u>www.ewg.org</u>

Physicians Committee for Responsible Medicine: <u>www.cancerproject.org</u> Silent Spring Institute: <u>https://silentsprinhttp://ewg.org/g.org</u> The Women's Health Initiative: <u>www.whi.org</u> Think Pink, Live Green (Breastcancer.org): <u>breastcancer.org</u> Zero Breast Cancer: <u>www.zerobreastcancer.org</u>

Chemotherapy

Chemocare: www.chemocare.com Chemotherapy (American Cancer Society): https://www.cancer.org/cancer/managing-cancer/treatment-types/chemotherapy.ht ml Chemotherapy (Macmillan Cancer Support): https://www.macmillan.org.uk/cancerinformation FDA Drug Database: www.accessdata.fda.gov

MedlinePlus Drugs, Herbs, Supplements: <u>www.nlm.nih.gov/medlineplus</u>

Choosing Your Medical Team

American College of Surgeons Find A Surgeon Tool: www.facs.org/search/find-a-surgeon

American Medical Association: <u>https://apps.ama-assn.org/doctorfinder/home.jsp</u> Cancer Treatment Facilities by State (Patient Resource): <u>www.patientresource.com</u> Find a Cancer Doctor (Cancer.net): <u>www.cancer.net/find-cancer-doctor</u> U.S. News and World Report Hospital Rankings:

http://health.usnews.com/best-hospitals

Stanford Second Opinion Program: <u>stanfordhealthcare.org/second-opinion</u> MD Anderson Pathology Second Opinion: <u>mdanderson.org</u>

Medical Board of California: <u>www.mbc.ca.gov</u> - California-specific resource The Second Opinion: <u>www.thesecondopinion.org</u>- California-specific resource CalhospitalComapre.org: <u>www.calhospitalcompare.org</u> - California-specific resource

Clinical Trials

American Cancer Society Clinical Trials Matching Service: www.cancer.org BreastCancerTrials.org: www.breastcancertrials.org Center Watch: www.centerwatch.com Clinical Trials Information for Patients and Caregivers (National Cancer Institute): www.cancer.gov Clinicaltrials.gov: www.clinicaltrials.gov Emerging Med: https://app.emergingmed.com/emed/home Lazerex Cancer Foundation: https://www.lazarex.org Leal Health: leal.health Metastatic Trial Talk: https://metastatictrialtalk.org/ Stanford Clinical Trials Directory: https://med.stanford.edu/clinicaltrials Tower Cancer Research Collective: https://www.towercancer.org/tcrc-studies/ UCSF Cancer Center Clinical Trials: http://cancer.ucsf.edu/clinical-trials

Community Support

Caring Bridge: <u>www.caringbridge.org</u>

Jasper: <u>www.hellojasper.com</u>

Lotsa Helping Hands: <u>www.lotsahelpinghands.com</u>

Meal Train: <u>www.mealtrain.com</u>

My Cancer Circle: <u>https://mycancercircle.lotsahelpinghands.com</u>

MyLifeLine.org: <u>www.MyLifeLine.org</u>

Wellnest: <u>www.inspirewellnest.com</u>

We're In This Together: https://wittforever.com/

Complementary and Integrative Medicine

About Herbs, Botanicals, and Other Products by Memorial Sloan Kettering Cancer Center: <u>www.mskcc.org</u>

CAM-Cancer: http://cam-cancer.org

Cancer Choices: https://cancerchoices.org/

Charlotte Maxwell Complementary Clinic: <u>www.charlottemaxwell.org</u>

Commonweal Cancer Help Program (in Bolinas): www.commonweal.org

Complementary and Alternative Medicine (American Cancer Society):

https://www.cancer.org/cancer/managing-cancer/treatment-types/complementary-and-integrative-medicine.html

Guide to Understanding Complementary Therapies (Living Beyond Breast Cancer): <u>www.lbbc.org</u>

Guided Imagery Podcasts (Kaiser Permanente): <u>https://thrive.kaiserpermanente.org</u> Free Guided Meditations (UCLA Health): <u>http://marc.ucla.edu/mindful-meditations</u> Harmony Hill Retreat Center: <u>www.harmonyhill.org/cancer</u>

Headspace (Guided meditation app):

https://www.headspace.com/meditation?origin=navigation

MedlinePlus Drugs, Herbs, Supplements: <u>www.nlm.nih.gov/medlineplus</u>

National Center for Complementary and Integrative Health: <u>https://nccih.nih.gov</u>

Natural Medicines: https://naturalmedicines.therapeuticresearch.com

Office of Dietary Supplements (NIH): http://ods.od.nih.gov

Oncology Association of Naturopathic Physicians: https://oncanp.org

Society for Integrative Oncology: <u>https://integrativeonc.org</u>

Society for Oncology Massage: <u>www.s4om.org</u>

Stanford Health Library; Health Journeys:

https://www.healthjourneys.com/partneraccess/

The Foundation for Living Beauty: https://www.livingbeauty.org/

Thinking About Complementary and Alternative Medicine (National Cancer Institute):

https://www.cancer.gov/about-cancer/treatment/cam#:~:text=Cancer%20patients%20 who%20want%20to,what%20it%20claims%20to%20do.

Unite for HER: <u>uniteforher.org</u>

Detection & Diagnosis

Are You Dense? <u>www.areyoudense.org</u>

Breast Cancer Screening (National Cancer Institute): <u>www.cancer.gov/cancertopics</u> Breast Cancer Tests: Screening, Diagnosis and Monitoring (Breastcancer.org): <u>www.breastcancer.org/symptoms</u>

Breast and Cervical Cancer Treatment Program: <u>www.dhcs.ca.gov</u> - California-specific resource

Every Woman Counts Cancer Screening and Diagnostic Service: <u>www.dhcs.ca.gov</u> - California-specific resource

How Is Breast Cancer Diagnosed? (American Cancer Society):

https://www.cancer.org/cancer/types/breast-cancer/screening-tests-and-early-detection.html#:~:text=A%20biopsy%20is%20done%20when,for%20sure%20if%20it's%20cancer.

Mammograms and Other Breast Imaging Procedures (American Cancer Society): <u>https://www.cancer.org/cancer/types/breast-cancer/screening-tests-and-early-detection/mammograms.html</u>

Mammography Facility Database (FDA): <u>www.accessdata.fda.gov</u> Mammogram Fact Sheet (National Cancer Institute):

www.cancer.gov/cancertopics/factsheet

Understanding Breast Changes (National Cancer Institute): <u>www.cancer.gov</u> When To Screen For Breast Cancer (Susan G. Komen): <u>ww5.komen.org/AboutBreastCancer/ScreeningandEarlyDetection</u>

Emotional Support

4th Angel Mentoring Program: https://4thangel.ccf.org/ After Breast Cancer Diagnosis: <u>www.abcdbreastcancersupport.org</u> Asian American Cancer Support Network: <u>http://aacsn.org</u> BACC Community Resources for Mental Health: https://www.bayareacancer.org/wp-content/uploads/2025/05/BACC-Community-Reso urces-for-Mental-Health.pdf Bay Area Young Survivors: www.baysnet.org - Bay Area-specific resource BeWellLine: bewellline.com Cactus Cancer Society: https://cactuscancer.org/ Cancercare: www.cancercare.org Cancer CAREPoint: www.cancercarepoint.org Cancer Support Community: www.cancersupportcommunity.org Circulo de Vida: https://circulodevida.org/ Firefly Sisterhood: https://www.fireflysisterhood.org/ Friend For Life: www.friend4life.org HER2 Support.org: http://her2support.org/ Imerman Angels: www.imermanangels.org Livestrong Cancer Navigation: https://www.livestrong.org/videos/livestrong-cancer-navigation-services Living Beyond Breast Cancer: www.lbbc.org MyBCTeam: www.mybcteam.com National LGBT Cancer Network: http://cancer-network.org New Hope Chinese Cancer Care Foundation: www.newhopecancer.org Pilipino Seniors: https://www.pilipinoseniors.org/programs-1

Pink Wings of Hope, Support for the Deaf, Hard of Hearing, and DeafBlind

Community: https://www.deafinc.org/pwoh

Rafiki Coalition: https://rafikicoalition.org/

Shanti's Margot Murphy Women's Cancer Program: <u>www.shanti.org</u> - SF-specific resource

SHARE: www.sharecancersupport.org Sharsheret: http://sharsheret.org Stanford Supportive Care Program: https://stanfordhealthcare.org Stupid Cancer: www.stupidcancer.org Support Connection: http://supportconnection.org Survivingbreastcancer.org: survivingbreastcancer.org The Ida and Joseph Friend Cancer Resource Center: http://cancer.ucsf.edu Wildfire Magazine: http://wildfirecommunity.org Women's Cancer Resource Center: www.wcrc.org Women Care: http://fsa-cc.org/womencare - California-specific resource Young Survival Coalition: www.youngsurvival.org

End of Life

Advanced Cancer (Cancer.net): www.cancer.net Bill Wilson Center for Living with Dying: www.billwilsoncenter.org Caring Info: www.caringinfo.org Coda Alliance: http://codaalliance.org/ Death with Dignity: www.deathwithdignity.org End of Life Care: Questions and Answers (National Cancer Institute): www.cancer.gov Five Wishes: www.agingwithdignity.org Grief, Bereavement, and Coping with Loss PDQ (National Cancer Institute): www.cancer.gov Hospice Foundation of America: www.hospicefoundation.org Hospice By the Bay: www.hospicebythebay.org - Bay Area-specific resource Kara Grief Support: www.kara-grief.org Mission Hospice & Home Care: www.missionhospice.org - Bay Area-specific resource National Association for Homecare and Hospice: www.nahc.org National Hospice and Palliative Care Organization: www.nhpco.org Pathways: www.pathwayshealth.org The Conversation Project: http://theconversationproject.org

Family, Friends & Caregivers

Bright Spot Network: https://www.brightspotnetwork.org/ Breathing Spaces: https://breathingspacesfc.com/ Camp Kaleidoscope: https://campkaleidoscope.org/ Camp Kesem: www.campkesem.org Camp Erin: www.moyerfoundation.org/camps-programs Camp Weiser: https://me-onefoundation.org/camp-wieser/ Cancer Really Sucks: https://www.aacr.org/patients-caregivers/patient-advocacy/resource/cancer-really-suc ks/ Caregiver Action Network: http://caregiveraction.org

Caregiver Support Services (Cancercare): <u>www.cancercare.org</u>

Caregivers (Cancer Support Community):

https://www.cancersupportcommunity.org/caregivers

Caregivers and Family (American Cancer Society):

https://www.cancer.org/treatment/caregivers.html

Children's Treehouse Foundation CLIMB: www.childrenstreehousefdn.org

Coping with Cancer: For Caregivers, Family and Friends (National Cancer Institute): <u>www.cancer.gov/cancertopics</u>

EmpowerHER: <u>https://www.empoweringher.org/</u>

Helping Children When a Family member Has Cancer: Dealing With Diagnosis (American Cancer Society):

https://www.cancer.org/cancer/caregivers/helping-children-when-a-family-memberhas-cancer.html

Inheritance of Hope: <u>https://inheritanceofhope.org/</u>

Kara Grief Support: <u>https://kara-grief.org</u>

Publications About Caregiving (Cancercare):

https://www.cancercare.org/publications/tagged/caregiving

Telling Kids About Cancer: <u>http://tellingkidsaboutcancer.com</u>

Fertility and Pregnancy

Breast Cancer During Pregnancy (Living Beyond Breast Cancer): www.lbbc.org/get-support Circle Surrogacy: https://circlesurrogacy.com/parents/cancer-survivor-parenting Hope For Two: www.hopefortwo.org Fertility and Pregnancy After Breast Cancer(breastcancer.org): https://www.breastcancer.org/managing-life/fertility-pregnancy-issues Financial Assistance for Fertility Preservation: www.reprotech.com Oncolactation Resource Guide (American Society of Breast Surgeons): https://www.breastsurgeons.org/docs/statements/asbrs-rg-oncolactation.pdf Pregnancy After Breast Cancer (Memorial Sloan Kettering): https://www.mskcc.org/cancer-care/patient-education/pregnancy-after-treatment-ea rly-stage-breast RESOLVE: The National Infertility Association: www.resolve.org Treating Breast Cancer During Pregnancy (American Cancer Society):

https://www.cancer.org/cancer/types/breast-cancer/treatment/treating-breast-cancer -during-pregnancy.html

Financial Resources

The status of these financial resources is subject to change. Please reach out to our Financial Assistance Coordinator at 650-326-6629 ext. 11 for more information.

American Life Fund: <u>https://www.americanlifefund.com/cancer-grant/</u> Benefits Check Up (National Council on Aging): <u>www.benefitscheckup.org</u> Best Face Forward (Sharsheret): <u>http:sharsheret.org/resource/best-face-forward-2-0/</u> Breast and Ovarian Cancer Emergency Fund:

https://www.bayareacancer.org/financial-assistance/

Breast and Cervical Cancer Treatment Program: <u>www.dhcs.ca.gov</u> - California-specific resource

Cancercare Financial Assistance Program: www.cancercare.org Cancercare Financial Assistance Database: www.cancercare.org/helpinghand Cancer Financial Assistance Coalition: www.cancerfac.org Cancer For College: www.cancerforcollege.org Cancer in the Family Relief Fund: www.cancerfamilyrelieffund.org Disability Benefits Help: www.disability-benefits-help.org Dream Foundation: www.dreamfoundation.org Every Woman Counts: www.dhcs.ca.gov - California-specific resource Genevieve's Helping Hands: www.genshelpinghands.org Financial Considerations (American Society of Clinical Oncology): www.cancer.net/all-about-cancer Good Days Patient Assistance: www.mygooddays.org Hair To Stay: <u>www.hairtostay.org/apply-for-a-subsidy/</u> Healthwell Foundation: www.healthwellfoundation.org Jill's Wish: www.jillswish.org Nancy's List: https://nancvslist.org/financial-assistance/ National Financial Resources Directory (Patient Advocate Foundation): www.patientadvocate.org Needy Meds: www.needymeds.org/ Patient Advocate Foundation Co-Pay Relief: www.copays.org Patient Services Inc: www.patientservicesinc.org Remember Betty: <u>http://rememberbetty.com</u> Rx Assist: <u>www.rxassist.orq</u> San Francisco Women's Cancer Network: https://sfwcn.org/ Sense of Security: <u>https://www.senseofsecurity.org/</u> Sisters Network Breast Cancer Assistance Program: http://www.sistersnetworkinc.org/programs.html Social Security Disability Resource Center: www.ssdrc.com Susan G. Komen Treatment Assistance Program: https://ww5.komen.org/uploadedFiles/ The Pink Fund: www.pinkfund.org The Provision Project: http://provisionproject.org The Sam Fund: www.thesamfund.org Tim and Jeannie Hamann Foundation: https://www.hamannfoundation.org/ GoodRx: goodrx.com

Genetics and Hereditary Cancer

ASK2ME: <u>https://ask2me.org/</u>

Assess Your Risk: <u>https://assess-your-risk.dana-farber.org/</u> Breast Cancer Risk: What Women and Men Need to Know (National Society of Genetic Counselors): <u>https://www.aboutgeneticcounselors.com/Resources-to-Help-You/Post/breast-cancer</u> <u>-risk-what-women-and-men-need-to-know</u> Bright Pink: <u>www.brightpink.org</u> BRCA1 and BRCA2: Cancer Risk and Genetic Testing (National Cancer Institute): <u>www.cancer.gov</u>

Decision Tool for Women with BRCA Mutations (Stanford):

www.brcatool.stanford.edu/

FORCE: Facing Hereditary Cancer Empowered: <u>www.facingourrisk.org</u> Genetic Counseling and Testing for Breast Cancer Risk (American Cancer Society): <u>https://www.cancer.org/cancer/types/breast-cancer/risk-and-prevention/genetic-testing.html</u>

Genetics Home Reference: www.ghr.nlm.nih.gov Genetics of Breast and Ovarian Cancer PDQ (National Cancer Institute): https://www.cancer.gov/types/breast/hp/breast-ovarian-genetics-pdq Genetic Testing for Breast and Ovarian Cancer (UpToDate): www.uptodate.com Hereditary Breast Cancer Risk (FORCE): https://www.facingourrisk.org/hereditary-breast-cancer-risk Hereditary Cancer Emotional Support Group: https://www.sarachampielcsw.com/hereditarycancer National Society of Genetic Counselors: www.aboutgeneticcounselors.com BRCA/Genetics Sharsheret: www.sharsheret.org

Home Care, Transportation, and Practical Assistance

Air Charity Network: http://aircharitynetwork.org Care Indeed: www.careindeed.com Cleaning for a Reason: www.cleaningforareason.org Corporate Angel Network: www.corpangelnetwork.org Ecumenical Hunger: https://www.ehpcares.org/ Findhelp.org: <u>https://www.findhelp.org/</u> Golden Age Bay Area: https://www.care.com/b/l/golden-age-bay-area/castro-valley-ca-20212-redwood-road-103a1 Home Care Assistance: www.homecareassistance.com Honor: www.joinhonor.com Lifeline Pilots: www.lifelinepilots.org Marin CIL: https://www.marincil.org/services/#meaningful-access-to-care National Association of Hospital Hospitality Houses: www.hhnetwork.org Nurse Registry: nurseregistry.com Open Homes (AirBnB): www.curetoday.com/articles/ Pink Ribbon Good: https://www.pinkribbongood.org/ Road to Recovery: www.cancer.org Roadrunners Transportation: www.elcaminohospital.org/services/roadrunners-transportation - Bay Area-specific resource Seniors At Home: www.seniorsathome.org The Shanti Project: www.shanti.org

Visiting Angels: <u>www.angelshomecare.com</u>

Hormonal Therapy

Guide to Understanding Hormonal Therapy (Living Beyond Breast Cancer): www.lbbc.org/hormonaltherapyguide

Hormonal Therapy (Breastcancer.org): <u>www.breastcancer.org/treatment/hormonal</u>

Hormone Therapy (Dr. Susan Love Research Foundation): <u>www.drsusanloveresearch.org/hormone-therapy</u>

Inflammatory Breast Cancer

Inflammatory Breast Cancer (Dr. Susan Love Research Foundation): <u>www.drsusanloveresearch.org</u> Inflammatory Breast Cancer (National Cancer Institute): <u>www.cancer.gov/cancertopics</u> Inflammatory Breast Cancer Research Foundation: <u>www.ibcresearch.org</u> The IBC Network Foundation: <u>www.theibcnetwork.org</u>

Legal Resources

Bay Area Legal Aid: <u>https://baylegal.org</u> Cancer and Careers: <u>www.cancerandcareers.org</u> Cancer Legal Resource Center: <u>http://cancerlegalresources.org</u> LawHelpCA: <u>http://lawhelpca.org</u> - California-specific resource Patient Advocate Foundation: <u>www.patientadvocate.org</u>

LGBTQIA Resources

GLMA, Health Professionals Advancing LBGT Equality: www.glma.org Screening for Breast Cancer in Transgender Men (UCSF): <u>http://transhealth.ucsf.edu/trans</u> Screening for Breast Cancer in Transgender Women (UCSF): <u>http://transhealth.ucsf.edu/</u> Support Groups for Survivors-National LGBT Cancer Network: <u>https://cancer-network.org/programs/support-groups-for-survivors/</u> The LGBT Cancer Project: <u>https://lgbtcancer.org</u>

Lobular Breast Cancer

Lobular Breast Cancer Alliance: <u>https://lobularbreastcancer.org</u>

Male Breast Cancer

A Man Diagnosed with Breast Cancer (Living Beyond Breast Cancer): <u>www.lbbc.org/man-diagnosed-breast-cancer</u> Breast Cancer in Men (American Cancer Society): <u>www.cancer.org/cancer/breast-cancer-in-men</u> HIS Breast Cancer Awareness: <u>http://hisbreastcancer.org</u>

Metastatic Breast Cancer

Living with Metastatic Breast Cancer (Living Beyond Breast Cancer): <u>www.lbbc.org/mets</u> Living with Metastatic Breast Cancer (Young Survival Coalition): <u>www.youngsurvival.org</u> MBCBrainMets: https://mbcbrainmets.org/ Metastatic Breast Cancer Alliance: www.mbcalliance.org Metastatic Breast Cancer Network: https://jnccn360.org/breast/for-your-patients/metastatic-breast-cancer-network/ Metastatic Breast Cancer Project: www.mbcproject.org METAVIVOR: www.metavivor.org Metastatic Trial Search: www.breastcancertrials.org METUP: http://metup.org Our MBC Life (SHARE): https://www.sharecancersupport.org/our-mbc-life/ Recurrent and Metastatic Breast Cancer (Breastcancer.org): www.breastcancer.org

Nutrition and Exercise

American Institute for Cancer Research: <u>www.aicr.org</u> Cook for Your Life, Recipes: <u>www.cookforyourlife.org</u> Culinary Angels: www.culinaryangels.org

Eating Hints Before, During and After Cancer Treatment: <u>www.cancer.gov</u>

Eating Well During and After Your Cancer Treatment (Memorial Sloan Kettering): <u>www.mskcc.org/cancer-care/patient-education/eating-well-during-and-after-your-tre</u> <u>atment</u>

LiveStrong at the YMCA: ymcasv.org/livestrong

Nutrition and Breast Cancer (UCSF): <u>http://cancer.ucsf.edu</u>

Nutrition and Physical Activity During and After Cancer Treatment: Answers to Common Questions:

https://www.cancer.org/cancer/survivorship/be-healthy-after-treatment/nutrition-and -physical-activity-during-and-after-cancer-treatment.html

Nutrition and Physical Activity Guidelines for Cancer Survivors: <u>www.cancer.org</u> Nutrition for the Person with Cancer During Treatment: <u>www.cancer.org</u>

Physicians Committee for Responsible Medicine Plant- based Diet: <u>www.pcrm.org</u> Pink Power (Peninsula Jewish Community Center):

https://picc.org/programs/pink-ribbon/

Survivor's Table: <u>www.survivorstable.com</u>

Stanford Health Care Cancer Wellness Classes:

https://stanfordhealthcare.org/for-patients-visitors/cancer-supportive-care-program.h tml

The Cancer Fighting Kitchen, Recipe-Box: www.rebeccakatz.com

Overview/Current Research Information

American Cancer Society: <u>www.cancer.org</u> American Society of Clinical Oncology: <u>www.cancer.net</u> Breast360: <u>www.breast360.org</u> Breastcancer.org: <u>www.breastcancer.org</u> Breast Cancer Research News (BACC): <u>https://www.zotero.org/groups/960194/bay_area_cancer_connections_breast_cancer_research_news/library</u> Cancer.net: <u>www.cancer.net/cancer-types/breast-cancer</u> CancerToday: www.cancertodaymag.org Cure Magazine: www.curetoday.com Disease InfoSearch: https://www.diseaseinfosearch.org/ Dr. Susan Love Research Foundation: https://drsusanloveresearch.org/ Living Beyond Breast Cancer: www.lbbc.org MedlinePlus: www.nlm.nih.gov/medlineplus Medscape Breast Cancer Resource Center: www.medscape.com National Cancer Institute: www.cancer.gov/types/breast National Comprehensive Cancer Network Guidelines for Patients: www.nccn.org National Cancer Institute: www.cancer.gov OncoLink Breast Cancer News: https://www.oncolink.org/cancers/breast PubMed: www.ncbi.nlm.nih.gov/pubmed SurvivorNet: www.survivornet.com Susan G. Komen Foundation: www.komen.org UpToDate: www.uptodate.com

Pathology

Breast Cancer Testing (Lab Tests Online): <u>https://labtestsonline.org</u> Tumor Characteristics (Susan G. Komen): <u>http://ww5.komen.org/BreastCancer/TumorCharacteristics.html</u> Understanding a Breast Pathology Report (UCSF): <u>https://www.youtube.com/@understandingabreastpathol764</u> Understanding Your Pathology Report (National Cancer Institute): <u>www.cancer.gov</u> Your Guide to the Breast Cancer Pathology Report (Breastcancer.org): <u>https://sharedhealthmb.ca/files/breast-cancer-path-report-guide.pdf</u>

Radiation Therapy

Brachytherapy (American Brachytherapy Society): <u>www.americanbrachytherapy.org/resources/for-patients/</u> Breast Cancer Treatment: <u>www.radiologyinfo.org/en/info.cfm?pg=breast-cancer-therapy</u> Radiation Side Effects Chart PDF: <u>www.rtanswers.org/uploadedFiles/</u> Radiation Therapy (Breastcancer.org): <u>www.breastcancer.org/treatment/radiation</u> Radiation (Dr. Susan Love Research Foundation): <u>www.drsusanloveresearch.org/radiation</u> Radiation Therapy (Susan G. Komen): <u>ww5.komen.org/BreastCancer/Radiation.html</u>

Side Effects

Chill, Cancer Related Hair Loss: <u>www.scalpcooling.org</u> Chemo Diva: <u>https://chemodiva.com</u> Ever You (American Cancer Society): <u>https://everyou.com/</u> First Aid for People with Cancer: <u>https://pacificmedicalacls.com/first-aid-for-people-with-cancer.html</u> Friend to Friend Specialty Shop: <u>www.friend2friend.org</u>- Bay Area-specific resource Good Wishes: <u>www.goodwishesscarves.org</u> HERS Breast Cancer Foundation: http://hersbreastcancerfoundation.org Knitted Knockers: www.knittedknockers.org Late Bloomers: https://late-bloomers.org/- Bay Area-specific resource Lipstick Angels: www.lipstickangels.org Look Good, Feel Better: http://lookgoodfeelbetter.org Lymphedivas: <u>www.lymphedivas.com</u> Live Today Foundation: https://www.live-today.org/ Managing Cancer-related Side Effects: www.cancer.org Mastectomy Bras and Prostheses Resources: link National Breast Cancer Lymphedema Registry: https://lernregistry.stanford.edu/ National Lymphedema Network: www.lymphnet.org Pain Management (American Society of Anesthesiologists): www.asahq.or/whensecondscount/pain-management Side Effects (Living Beyond Breast Cancer): www.lbbc.org The Rapunzel Project: www.rapunzelproject.org The Next Step: www.nextstepboutique.com Treatment Side Effects (Breastcancer.org): www.breastcancer.org Understanding the Side Effects of Cancer Treatment (Patient Resource): www.patientresource.com Verma Foundation: https://vermafoundation.org Wigs and Wishes: <u>https://www.wigsandwishes.org/request-a-wig.php</u> Wig Resources: link

Surgery

Surgery (Breastcancer.org): <u>www.breastcancer.org/treatment/surgery</u> Surgery (Dr. Susan Love Research Foundation): <u>www.drsusanloveresearch.org/surgery</u> Surgery Choices for Women with DCIS or Breast Cancer (NCI): <u>cancer.gov</u> Surgery (Susan G. Komen): <u>komen.org/breast-cancer/surgery</u> Surgery for Breast Cancer (American Cancer Society): <u>https://www.cancer.org/cancer/types/breast-cancer/treatment/surgery-for-breast-cancer.html</u>

Survivorship

After Treatment Ends: Tools for the Adult Cancer Survivor (Cancercare): <u>www.cancercare.org</u> American Institute for Cancer Research: <u>www.aicr.org</u> Cancer Survivorship (American Society of Clinical Oncology): <u>www.cancer.net</u> Follow up Care for Breast Cancer (American Society of Clinical Oncology): <u>www.cancer.net</u> Journey Forward: <u>http://journeyforward.org</u> OncoLink Survivorship Care Plan: <u>www.oncolink.org</u>

Targeted and Immunotherapies

Immunotherapy (Cancer Research Institute): <u>www.cancerresearch.org/immunotherapy/what-is-immunotherapy</u> Overview of Targeted Therapies for Cancer: <u>https://www.mycancergenome.org/</u> Personalized Cancer Therapy: <u>https://pct.mdanderson.org/</u> Targeted Cancer Therapies (National Cancer Institute): <u>https://www.cancer.gov/about-cancer/treatment/types/targeted-therapies/</u>

Treatment Summaries

ASCO Guidelines for Breast Cancer: https://old-prod.asco.org/practice-patients/guidelines/breast-cancer Breast Cancer Treatment (American Cancer Society): www.cancer.org/cancer/breast-cancer/treatment Breast Cancer Treatment and Side Effects (Breastcancer.org): www.breastcancer.org/treatment Breast Cancer Treatment PDQ (National Cancer Institute): www.cancer.gov/cancertopics NCCN Guidelines for Patients: www.nccn.org/patients/guidelines

Triple-Negative Breast Cancer

Guide to Understanding Triple Negative Breast Cancer (Living Beyond Breast Cancer): <u>www.lbbc.org/get-support</u> Triple Negative Breast Cancer Foundation: <u>https://tnbcfoundation.org</u>